

# WORKSHOP SERIES

**FACULTY & STAFF SUPPORTING  
STUDENT MENTAL HEALTH AND  
WELL-BEING AT UAB**

**MENTAL  
HEALTH  
MATTERS**

*I support Mental Health at UAB*

**UAB** STUDENT COUNSELING  
SERVICES

## **Mental Health Matters: Foundations**

Friday, September 28, 11am-1pm &

Tuesday, November 6, 11am - 1pm

*Center for Teaching & Learning, EB 243*

Lunch provided

## **QPR Suicide Intervention Certification**

October 15, 11am - 1pm &

December 5, 11am - 1pm

*Center for Teaching & Learning, EB 243*

Lunch provided

## **Mental Health Matters: Foundations**

October 19, 10am - 12NOON

November 28, 1pm - 3pm

Shelby Room 515

For more information go to [www.uab.edu/ctl](http://www.uab.edu/ctl).

For disability accommodations please contact Student  
Counseling Services at 205-934-5816

For more information  
and to register:

