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WELCOME GUIDE 2020-2021

INTO THE UNIVERSITY OF ALABAMA AT BIRMINGHAM

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We look forward to having you join our campus community. To help you have a smooth transition, we have collected important information and recommendations for you to review as you prepare for your studies in the US. We encourage you to read each section carefully and reach out to us if you have any questions.

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🔀 Checklist

Please make sure you have completed everything on this checklist before you leave home.

□ Visa and Passport

To obtain your F-1 student visa, you must receive your I-20; pay the SEVIS I-901 fee; confirm that your passport will not expire within six months of your expected entry date to the US; and schedule a visa application interview at a US Embassy or Consulate. An overview of the visa application process can be found on page 4.

Visit a Doctor

Submit copies of your immunization records to the Student Health and Wellness Center online via the Patient Portal. For a full list of what you need, see pages 6 and 7.

Book Travel

Find airport and temporary accommodation information on page 8.

□ Find Housing

Review your options for on-campus housing on page 12 and confirm housing arrangements prior to arriving in the US.

Secure Your Documents

In order to register for your classes, you will need to bring your official English language test scores, original transcripts and bank or financial documents. Review a full list of what you will need to bring on page 9.

□ Travel and Arrival Details

Send us your travel itinerary and flight arrival details so we can schedule your airport transfer from the airport to your accommodation: www.INTOarrivals.com/uab. Find more information on page 10.

Check Your Finances

Bring enough US currency for the first few weeks and find out how you will transfer money from your home country to a US bank account. For more information, see page 18.

□ Follow INTO UAB on Social Media

Learn more about INTO UAB by following us on all our social media channels.





As an international student, you are required to have a visa that permits study in the US. Below, we provide you with information about applying for an F-1 visa, which is a student visa and will allow you to study at a US university. You will need to schedule an appointment to apply for this visa at a US Embassy or Consulate in your country and complete a visa interview.

Get additional support with PASS: Pre-Arrival Support Service

INTO UAB offers you PASS, a pre-arrival service which helps students have a better understanding of the visa application process. Take advantage of this free service and connect with a PASS Specialist by emailing PASS@intoglobal.com to set up a welcome call and get helpful support.

Eligibility

Please ensure you follow the instructions from the US Department of State, the below is for general guidance.

1 Obtain the Form I-20 from the university

With your confirmation package, you should have received the form I-20. Carefully read the instructions included with the I-20 before visiting the US Embassy or Consulate for your F-1 student visa. Keep this document in a safe place because you will need to bring the original signed form for your visa interview.

2 Pay the SEVIS I-901 Fee

The I-901 fee is required to get the F-1 visa. At least three business days before you schedule your visa interview, pay the SEVIS I-901 fee by going to the SEVIS I-901 fee website at www.fmjfee.com/i901fee/index.html. You must follow the instructions to pay the SEVIS fee and print the receipt. This fee is not the same as the visa application fee. You will need your SEVIS ID number when you pay the fee. It can be found on the top right-hand side of your I-20. You will also need the university school code, which is below:

UAB F-1 school code: ATL214F00221000

3 Complete the Online Nonimmigrant Visa Application, Form DS-160

After paying the SEVIS I-901 fee, you must complete the online visa application, form DS-160. When you have completed and have submitted the application, print the DS-160 bar code page and confirmation page. Please note you will need to upload a photo during this process, so ensure that you have one ready that meets requirements.

Check photo requirements: travel.state.gov/ content/travel/en/us-visas/visa-informationresources/photos.html

Questions about visas? Contact a UAB international Student Advisor at: intladmin@uab.edu or +1 205 934 4686

For information about traveling to the US: studyinthestates.dhs.gov For information about SEVIS I-901 fee: ice.gov/sevis/i901

Learn more about completing the DS-160: travel.state.gov/content/travel/en/us-visas/visainformation-resources/forms/ds-160-onlinenonimmigrant-visa-application.html

4 Schedule your visa appointment

To schedule your appointment, go to the US Embassy and Consulate webpage: www.usembassy.gov. Find the location where you want to have an appointment, and follow the specific instructions for scheduling.

5 Prepare for your Interview

Gather required documents

- Passport ensure that your passport is valid for at least 6 months beyond your period of stay in the US (unless exempt by countryspecific agreements).
- Form DS-160 confirmation page and bar code page
- Application Fee (I-901 fee) payment receipt
- Photo bring a hard copy of the photo you used for your DS-160 application form.
- Form I-20 issued to you by The University of Birmingham at Alabama
- Proof of funding documents that you used during your confirmation
- Additional documents: Please see additional documents that are required or recommended on the Travel.State.Gov website at the top of this page.
- Check with Embassy or Consulate where you will be applying to see if there are additional requirements.

Schedule a PASS welcome call

 While this is not required, it is strongly recommended to have this call prior to your visa interview. Please email PASS@intoglobal.com to set up a welcome call and get helpful support.

Transferring from Another US School

If you are transferring from another school in the US and you already have an F-1 visa, you must complete the F-1 Students Transfer Eligibility form at least 15 days before the start date of your program. If you plan to travel outside of the US before beginning your program at UAB, please contact UAB to obtain an I-20 for re-entry.

Visa Delays

If you are unable to obtain a visa before the start date for which you have been admitted contact INTO UAB immediately. You may defer and apply your deposit toward the tuition for the next semester.

It is always important you check for any updates and specific requirements online at the US Embassy or Consulate near you: www.usembassy.gov and follow the instructions from the US Department of State: travel.state. gov/content/travel/en/us-visas/study/ student-visa.html

😲 Medical Information

Immunization Record Form

To ensure a safe and healthy campus environment, all students must satisfy medical clearance requirements to be enrolled at UAB.

Requirements For Immunizations

Access your specific immunization/TB requirements on the Student Health and Wellness website at www.uab.edu/students/ health/medical-clearance/immunizations

Please submit your immunization records. The student and his or her doctor must fill out the UAB immunization form prior to arrival; this form must be stamped, signed and dated by the doctor and submitted to the Patient Potal. In addition, through this Patient Portal, you must complete the health history questionnaire. Follow the instructions sent by INTO UAB. If not received, please contact uabstudentservices@ intoglobal.com

Schedule Your Appointment

Please note, TB tests done outside of the US will not be accepted. Students may receive vaccinations and TB testing at UAB Student Health and Wellness Center. Please schedule an appointment using the "Patient Portal" button on your BlazerNET home page or call +1 205 934 3580.

Patient Portal

- Accessible via BlazerNET home page within 48 hours of creating your Blazer ID.
- Complete forms and access
 immunization requirements.
- Send secure messages to UAB Student Health and Wellness staff
- Check your immunization requirement status at studentwellness.uab.edu

For more information, you can contact INTO UAB Student Services at: uabstudentservices@intoglobal.com

Create your Blazer ID

Follow the instructions sent by INTO UAB. If not received, please contact uabstudentservices@intoglobal.com

Health Insurance

All students are required to purchase major medical insurance for immigration purposes, which will be automatically included on the statement of fees. UAB student insurance information page:

www.uab.edu/students/health/insurance-waivers

Waiving UAB Student Insurance

If you have decided to purchase an alternative insurance policy, you will need to submit the UAB insurance waiver online. The form provides proof that the alternative insurance meets UAB insurance requirements. www.uab.edu/students/health/insurance-waivers

Please be aware that most international insurance plans that fall under the study abroad or travel insurance categories typically do not meet the requirements for the waiver. All Insurance Waivers must be submitted prior to the first day of classes each semester or they will not be accepted.

Prescriptions

Bring a copy of all prescriptions for medicines, eyeglasses and contact lenses with you to the US. The prescriptions must be in English. All medical documents you bring with you must be written in English or come with a certified translation in English.





Book Your Flight

As an F-1 student, you are allowed to enter the US no earlier than 30 days before the program start date listed on your I-20. If you arrive after the start date listed on your I-20, you may be denied entry, to the US.

When booking your flights, remember that you should arrive in Birmingham at least one day before your program start date. If you are living on campus, you may check in to your residence hall as early as one day before orientation begins. All students are expected to arrive at Birmingham-Shuttlesworth International Airport, about 15 minutes from campus.

Hotels in Birmingham

If you arrive before your move-in date, you will be responsible for arranging and paying for your temporary accommodations. Some hotels recommended by UAB are listed here: www.uab.edu/students/admissions /visit/accommodations

Hilton Birmingham at UAB*

(0.8 miles from UAB) 808 20th St. South +1 205 933 9000 *Owned by UAB

Courtyard Birmingham Downtown at UAB*

(1.0 mile from UAB) 1820 5th Avenue South

+1 205 254 0004

*Owned by UAB

Residence Inn by Marriott Birmingham

Downtown at UAB (0.9 miles from UAB) 821 20th Street South +1 205 731 9595

Home2 Suites by Hilton Birmingham Downtown

(0.8 miles from UAB) 250 18th Street South +1 205 322 7933 (Ask for UAB discount - extended stay options available)

Hilton Garden Inn

(0.8 miles from UAB) 250 18th Street South +1 205 322 7933

SpringHill Suites Birmingham Downtown at UAB

(1.2 miles from UAB - free shuttle) 2024 4th Ave S +1 205 322 8600

Homewood Suites by Hilton Birmingham Downtown Near UAB

(0.7 miles from UAB - free shuttle) 1016 20th Street +1 205 703 9920



What to Pack

Weather

Alabama has a sunny subtropical climate with mild winters. Temperatures range from 12° C in January to 32° C in July.

Clothing

Due to weather changes, you will need clothing for both warm and cold seasons. All of these items are available for purchase in Birmingham upon arrival, so only pack what you need for the first few months after you arrive.

Room Essentials and Decorations

Consider bringing decorations for your room that will remind you of home such as photos, books, music, recipes and items associated with a hobby or sport you enjoy. Many students also choose to bring items of cultural significance such as their national dress. If you live on campus you will receive sheets, towels and blankets. If you need more beddding, you can buy it after you arrive to be sure it is the correct size for your bed.

What to Carry on the Plane

- Original I-20
- Valid passport and F-1 visa
- SEVIS I-901 fee payment receipt
- Evidence of funding for your tuition fees and living costs, including sponsor letter
- Health forms and immunization
 documentation
- All medical prescriptions written in English
- Official, sealed academic transcripts or test scores
- Insurance documents
- Laptop computer

Appliances

US electrical outlets are 110 volts AC and use a NEMA electrical socket. You may need an adapter to use electronics from home. Appliances with exposed heating elements are prohibited in residence halls. Purchase appliances after you arrive.

Cell Phones

If you want a cell phone while living in the US, we recommend waiting to purchase the phone when you arrive in the US. You will receive more information at orientation.

Luggage

Always label all of your luggage clearly. The label should have your full name and the address of the INTO UAB center:

INTO The University of Alabama at Birmingham

Mervyn H. Sterne Library, Floor 2 917 13th St. South Birmingham, AL 35294 USA



Entering the US

Be ready to present these documents at the US port of entry:

- Original I-20
- Valid F-1 visa and passport
- SEVIS I-901 Fee payment receipt
- Proof of finances for your first year of studies

US Customs Declaration Form

You may have to complete the US Customs Declaration form during your flight to present to the immigration official when you enter the US. For more information about preparing to enter the US, visit studyinthestates.dhs.gov/students



For more information about preparing to enter the US, visit ice.gov/sevis/students

US Customs Declaration form

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Airport Transfer Service



Airport Transfer Service

INTO UAB provides a complimentary airport transfer service to incoming students when they arrive at Birmingham-Shuttlesworth International Airport (BHM) just prior to the start of their academic pathway program. Students need to provide their flight details and drop off location prior to departure at: www.INTOarrivals.com/uab.

You will need to submit your arrival details at least 72 hours prior to your arrival:

- Full travel itinerary including connecting flights
- Arrival flight number
- Arrival details including airline, flight number, and estimated local time

Once you arrive at the airport, the shuttle driver will meet you at the airport baggage claim with a sign that says INTO UAB. If you have any issues, please call UAB's dedicated shuttle phone number +1 205 913 1846.

You will be taken to your residence hall, hotel, or other drop-off location designated in the arrivals portal.

If you experience travel delays, or need assistance of any kind upon arrival, please call the INTO UAB Arrivals phone at: +1 205 639 7331

Or email uabstudentservices@intoglobal.com

Housing and Dining



Living on Campus

Living on campus offers many benefits, including better academic performance and more opportunities to speak English and share your culture with US students.

All INTO UAB students living on campus will reside in double occupancy residence halls. International Year One students and Academic English + International Year One students are required to live on campus with a meal plan for their first two consecutive semesters. Graduate Pathway program students may live in the residence halls if space is available.

For more exciting tips about living and learning in Birmingham, visit our City Guide: **intostudy.com/uab/living**

Residence Halls

Blazer Hall is where most International Year One students will reside in a suite-style residence hall that includes linens, two beds, desks, a bathroom and partial kitchen.

Graduate residence halls are double occupancy, one-bedroom style apartments and include linens, two beds, desks, a bathroom and a kitchen with a standard refrigerator, stove and oven.

*Residence halls include on-site laundry facilities, study lounges, community spaces, print stations, Wi-Fi and ethernet, cable TV connections and a front desk that is staffed 24 hours a day, 7 days a week.

*Residence Halls and Meal Plans are subject to change.

Living Off-Campus

Students who are eligible to live off campus can find useful resources at offcampushousing.uab.edu

Most UAB students who choose to live off-campus look for apartments within walking distance to campus in areas such as Downtown, Southside and Highlands. Other neighborhoods, such as Homewood, Mountain Brook, Vestavia and Hoover are close to campus and students will need to use public transportation or purchase a vehicle.

If you plan to live off campus, you should arrive one to two weeks before your program start date and bring enough money to cover the cost of setting up your new home, at least \$2,500. You may wish to use a free housing placement service such as RentMonster (www.rentmonster.net) upon arriving in Birmingham. You will find furniture rental companies in Birmingham such as Cort Furniture or Rent-A-Center.

BlazerBucks

Reloadable debit account on your ONE Card that can be used at several on and off-campus locations including, but not limited to:

- Dreamland Bar-B-Que
- McAlister's Deli
- Subway
- Hungry Howie's Pizza

Campus Dining

Dining on campus will give you the advantage of never having to worry about keeping cash on hand. At UAB, there are more than 12 dining locations on campus, all of which accept your ONE Card for payment. There is also a convenience store on campus in Camp Hall.

Meal Plans

*Meal plans are required for students while living on campus. You will use your UAB ONE Card to purchase food and drinks at all UAB dining facilities. Please note, meal plans cannot be changed or added while you are in the INTO UAB program, but you can always add more BlazerBucks on your UAB ONE Card.

All undergraduate students taking 12 or more credit hours who do not reside on campus will be assessed a \$225 campus dining fee during fall and spring semesters.

Commons on the Green

The Commons on the Green is UAB's large all-you-care-to-eat style dining hall. Choose from grilled foods, deli favorites, pizza and pasta, classic home-style dishes, vegetarian and halal options, international cuisine, and soups and salads. This dining hall also features a station that caters to those with food allergies. Dishes that do not contain milk, eggs, wheat, soy, shellfish, peanuts, tree nuts or gluten can be found at the Simple Servings station.

Other Restaurants on Campus

- Jamba Juice
- Mein Bowl
- Panera Bread
- Full Moon Bar-B-Que
- Einstein Brothers Bagels
- Sandella's Flatbread Café
- Starbucks
- And more are available on campus just steps away from residence halls and academic buildings.



Your First Days

Orientation is mandatory and your attendance at all sessions is required. Orientation will last three days and will begin on your program start date. Arrive in Birmingham at least one day prior to this date, and don't be late. Please refer to your pre-arrival emails for further details.

What to Expect

Once you arrive at the INTO UAB Center, you will be welcomed by our experienced student services team and orientation leaders. You will receive an orientation schedule that will include:

- English placement tests for all students
- Campus tour
- Student visa and immigration information
- Getting your UAB ONE Card ID
- Social activities and Welcome Dinner
- Paying remaining balance of tuition fees
- Learning about campus resources and opportunities
- Setting-up a cell phone or bank account
- · Making new friends from around the world!

Bring to Orientation

- · Passport and I-20
- Official sealed academic transcripts, test
 scores, and graduate certificates or diploma
- If you are a transfer student, bring all course syllabi for courses you want to earn credit for
- Health documents and immunization forms
- Bring check or credit card for payment

Arriving Late to Orientation

Students who need to arrive after the first day of orientation must request a late arrival letter which may be issued on a case-by-case basis. Students arriving too late may have their enrollment deferred to the next academic semester

Math Placement Test

All undergraduate students must take the test prior to arrival to determine their math level and register to the correct math course. All majors must take at least one math course.

How to take the test:

- Visit: www.uab.edu/students/accepted/ placement-exams/math-description to learn more about the math placement test and prepare.
- Before taking the test, you must create your Blazer ID, then log-on to your BlazerNET page.
- The math placement test link is located on BlazerNET. Click on: ALEKS Math Placement Assessment





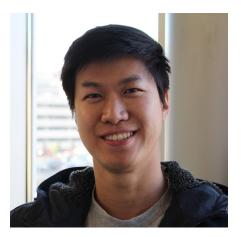
INTO UAB Center

The INTO UAB Center is your home away from home. We offer a full range of services from academic and immigration support to daily activities. The physical space is located in the heart of campus at the Sterne Library and includes classrooms, a Learning Resource Center, a multi-faith prayer room, an open kitchen, and comfortable common areas where you can study and hang out with your friends.

Student Experience

We have staff who can help ease your transition to the US. If you need to speak to someone in your native language, get a driver's license or find a doctor, you can visit the INTO UAB front desk and we will help you. Our goal is to help you settle into life at UAB so that you can focus and succeed academically. In addition to the INTO UAB Center, UAB offers a variety of campus resources including:

- Career and Professional Development
- Multicultural and Diversity Programs
- Counseling Services
- Student Involvement and Leadership
- UAB TechConnect
- Campus Recreation Center
- iLab
- · 24-hour assistance in cases of emergency
- Off-Campus Housing Services
- On-campus social events
- · Local and regional trips and activities



"If you want to be a successful student, you have to balance between academics and social life. INTO UAB provides both. There are tutors in the Learning Resource Center and they have fun activities and trips so we can make friends."

Sunsern, Thailand MBA

🔁 Health and Safety



Student Health and Wellness Center uab.edu/students/health

The SHWC offers comprehensive primary care services in:

- Acute and chronic care
- Women's Health
- Basic mental health evaluation and treatment
- Immunizations/Titers
- Treatment of minor emergencies
- Diagnostic Lab testing
- X-ray services
- After-hours consultation is provided through provider on call coverage, 24 hours a day/7 days a week

All currently enrolled UAB undergraduate and graduate students have access to medical office visits, evaluation and development of a treatment plan at no additional out of pocket cost beyond the payment of regular UAB tuition.

Student Counseling Center uab.edu/students/counseling

The SHWC Counseling Service assists in developing students' potential in physical, academic, spiritual, psychosocial, emotional and vocational areas. Students can receive help with individual and couples counseling, crisis counseling, wellness programs, group opportunities and educational resources. Confidential counseling services are available to all currently enrolled UAB students at no cost.

Hours and Appointments

The UAB Student Health and Wellness Center is open the following dates and times: Monday - Friday, 8am - 5pm. You may make an appointment with the center through the online patient portal: uab.edu/ students/health

or by calling +1 205 934 3580

Non-Smoking Policy

The UAB campus is entirely tobacco and smoke free. UAB is committed to providing a safe, healthy, and enjoyable environment. For more information, please visit: www.uab.edu/policies/Pages/default.aspx

Call 911

911 emergency services provide on-site treatment and transportation to local hospitals for life-threatening injuries or illness. Only call this number in the case of an emergency.

Safety on Campus

The University of Alabama at Birmingham is very safe and has its own full-service law enforcement agency on campus. However, you should not engage in any activity that puts you in danger. Here are some tips on how to stay safe:

- Use well-lit and well-traveled paths at night.
- Always lock your doors and windows. If you drive a car, lock it at all times even while parking. Do not leave valuable items in your car.
- Use blue light "HELP" poles around campus to notify University Police of your location.
- Travel with a friend or group of people.
- Trust your instincts. If you do not feel comfortable in a situation, leave.
- If you are being harassed or experience any threats, let university police know immediately.

Department of Public Safety Services

- Crime prevention education programs
- Investigations
- Lost and found
- Patrols

- Safety escorts and rides
- Security assessments
- Orientations
- Voluntary confidential reporting

Emergency Alerts

For immediate notification of emergencies (severe weather, crime, etc.), all students should sign up with UAB's B-ALERT system, which is used to communicate to the entire campus at the same time. You can choose which method of communication suits you best—voice call, SMS text message, or email—or use any combination of the three.

During such events, uab.edu/emergency is the official source of UAB information from class cancellations to rescheduling of building hours to safety procedures.

Transit

Blazer Express, UAB's campus bus service, offers free transportation for students, employees, and authorized visitors along six routes—some of which run as late as midnight. Just show your ONE Card to ride. Late night, on-demand van service is also available daily from 9 pm-5:30 am through Blazer Express Safety Escort.

Track Your Ride!

See live updates of the Blazer Express routes using the app which you can download at uab.edu/blazerexpress



Cash

When you arrive in the US you should bring at least \$500 in cash to cover immediate needs such as books, a cell phone, and other living expenses. Cash is accepted at most locations.

- One dollar (\$) is equal to 100 cents.
- Common coin amounts: quarter (25 cents), dime (10 cents), nickel (5 cents), penny (1 cent)
- Common paper bill amounts: \$100, \$50, \$20, \$10, \$5, \$1

Credit/Debit Cards

In the US, the most widely accepted bank and credit cards are Visa and MasterCard. Bank cards can either be debit which pulls funds from your bank account or credit, which you pay off at the end of each month. Apply for a credit card in your home country before you travel since it may be difficult for you to get one after you leave.

Bank Accounts

It is not recommended to carry large amounts of cash with you, so once you arrive you will need to open a bank account. To open an account, you will need two pieces of photo identification (passport and student ID card), your US mailing address and money to deposit. During orientation, UAB will give you information about local banks and can help you open a bank account.

Transferring Money

Before you leave your country, you need to know your government's regulations and your home bank's procedures for transferring money to the US. Plan to transfer enough money to cover your expenses for one semester. Consider your living situation and lifestyle to plan ahead. Will you live on campus? Do you like to eat at restaurants? Do you need to buy clothes or more school supplies?





Getting Around Campus

Blazer Express

www.uab.edu/blazerexpress

Blazer Express, UAB's campus bus service, offers free transportation for students, employees and authorized visitors along six routes—some of which run as late as midnight. Just show your One Card to ride. Late night, on-demand van service is also available daily from 9 pm-5:30 am through Blazer Express Safety Escort.

Bike Transportation

www.uab.edu/sustainability/bikeuab

UAB's campus is accessible by bike and many students choose to purchase a bike for local transportation since it is cheaper than purchasing a car. It is important to use a bike lock and wear proper safety equipment when riding your bike. UAB Sustainability offers free bike registration and a bike repair station on the Campus Green just outside of Blazer Hall. There are several bike racks located around campus near academic, research and hospital buildings.

Getting Around Birmingham

Birmingham is easily accessible by vehicle, whether it's by bus or car. There are several taxi companies in Birmingham, as well as Uber rideshare.

Car-Sharing Program on Campus: zipcar.com/uab

The vehicles are located behind Blazer Hall, and can be reserved online or through the Zipcar mobile app.

Rideshare

Birmingham On-Demand: www.birminghamal.gov/via Lyft: www.lyft.com/cities/birmingham-al

Taxi Services

American Cab: +1 205 322 2222 Award Taxi Company: +1 205 413 6967 Yellow Cab: +1 205 222 2222 King Cab Company: +1 205 616 1466

Apply for an Alabama Driver License

To apply for an Alabama driver's license you must pass a written and driving test. Bring an international driver's permit if you have one. A study guide for the written test is available at

www.alea.gov/dps/driver-license/license-andid-cards/road-test-study-guide

To find more information on obtaining an Alabama driver license, visit

www.uab.edu/global/students/internationalstudents/current-students/ssn-driver-license

or

Alabama DMV office: www.dmv.org/al-alabama/



INTO UAB

Website: intostudy.com/uab

Email: INTOadmissions@uab.edu

Phone: +1 205 934 4686

UAB Welcome Desk: Open Mon-Fri

Emergency

UAB Police

Non-emergency: +1 205 934 4434 Emergency (fire, medical, police): 911

The University of Alabama at Birmingham Information uab.edu/global/into-uab UAB Student Health and Wellness Center +1 205 934 3580 uab.edu/students/health

Websites

Birmingham, Alabama, Tourist Information These websites provide helpful information about Birmingham, Alabama, adjusting to life in the US, cultural organizations and events around the UAB campus.

Birmingham: birminghamal.org

UAB International Student and Scholar Services: uab.edu/global/internationalstudents-and-scholars

Connect with Us!

facebook.com/INTOBlazers







myin.to/linkedin_uab

🛃 Frequently Asked Questions

Do I need to attend the entire orientation program?

Yes, Orientation is mandatory. Refer to page 14 for a complete list of what will be done at orientation.

How much is the airport transportation service?

INTO UAB provides free airport transfer from Birmingham-Shuttlesworth International Airport. So that we can prepare for your arrival, please confirm your arrival here: www.INTOarrivals.com/uab

If I cannot find my shuttle driver at the airport, who do I call?

First, try UAB's dedicated shuttle driver number: +1 205 913 1846, but you can also call +1 205 639 7331 24 hours a day.

What should I do if I'm homesick? Who can I ask for help if I cannot understand something in English?

The UAB Student Wellness and Counseling Center has many free resources if you start to feel homesick or face any other issue. The INTO UAB student services team is also always willing to help you while you are at UAB.

If I arrive before my residence hall move-in date, where should I stay?

It's a good idea to arrange accommodations before you arrive. For a list of hotels near campus, refer to page 8.

Where should I go to get a mobile phone or open a bank account?

Mobile service providers such as T-Mobile and AT&T and banks such as Regions and Wells Fargo will be a part of the International Student Resource Fair at orientation.

What immunization shots do I need as a UAB student? Can I get my immunization shots done overseas?

All immunization shots can be done in your home country with the exception of the TB tests which need to be done in the US. UAB Health and Wellness can provide those for students at a cost once they arrive on campus. To check all of the immunization requirements for UAB, please visit www.uab.edu/students/health/medical-clearance/immunizations

What are the housing options?

We offer double occupant housing options on campus. You can find more information on page 12.

If I haven't heard anything from INTO UAB within two weeks of Orientation what should I do?

First, check with your educational counselor. Second, contact uabstudentservices@intoglobal.com to ensure we have your correct email address.

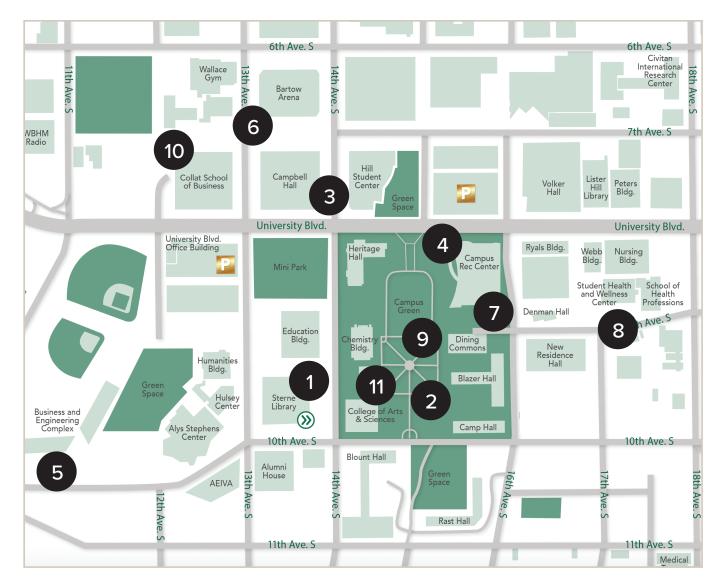
How do I find a job on campus and how many hours per week can I work?

You can work up to 20 hours per week for an on-campus employer such as the Campus Recreation Center, the Hill Student Center, Campus Dining and the UAB Bookstore. You may also contact academic and administrative departments directly to inquire about available employment opportunities.

How do I get a Social Security Card?

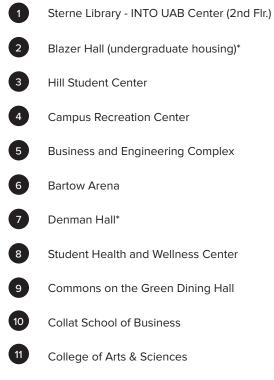
There are on-campus jobs available for international students. Once you have received a job offer from an on-campus job, you will receive forms that will need to be taken to the INTO UAB Center and the Social Security office.





UAB Mobile App

You can download the UAB App on your mobile device, tablet or desktop for quick tips to help you navigate campus, login to UAB BlazerNET and wifi, find contact information and explore all Birmingham has to offer. The UAB App is available in the Apple App Store or on Google Play.



*INTO UAB students currently live in either Blazer or Denman Hall

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