



MENTAL HEALTH  
AMBASSADORS  
ESTABLISHED 2019

**HONORS COLLEGE FACULTY FELLOW  
INITIATIVE**

# **TREAT YOURSELF TUESDAY**

**APRIL 7TH, 14TH, & 21ST 1:00-1:30**

**[HTTPS://UAB.ZOOM.US/J/4402532164](https://uab.zoom.us/j/4402532164)**

**ID (440 253 2164)**

**PHONE NUMBER: (312) 626-6799**

**JOIN US TO LEARN MORE ABOUT THE  
ARTS AND MENTAL HEALTH**

**CONTACT DR. ROBIN LANZI AT [RLANZI@UAB.EDU](mailto:rlanzi@uab.edu) WITH ANY  
QUESTIONS AND FOLLOW US ON SOCIAL MEDIA**

**INSTAGRAM AND TWITTER: @UABMHA**

**FACEBOOK: UAB MENTAL HEALTH AMBASSADORS**

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