



UNDERSTANDING SUICIDE

Effective Tools for Prevention, Intervention and Survivor Support

The UAB Employee Assistance & Counseling presents a two-day continuing education event featuring Kevin Ellers, D.Min., from the International Critical Incident Stress Foundation

Suicide provides unique challenges to both professional caregivers providing crisis intervention and those within the informal support system. *Understanding Suicide* seeks to define challenges for anyone wanting to learn more about intervening across the suicide spectrum.

Course Objectives:

- Identify current relevant suicide data relating to demographics, means and methods
- Explore relevant research surrounding the suicidal mind
- List key risk and protective factors to protect and support suicidal individuals
- Identify import myths surrounding suicide
- Identify an evidence-based model for suicide intervention
- Educate support systems on restricting access to lethal means
- Articulate ways to support survivors in the immediate aftermath
- Identify elements of suicide grief and utilize key tools for immediate response to survivors long-term grief recovery
- Identify key suicide prevention and support resources to assist families, organizations and communities
- Provide a brief overview of unique situations involving murder/suicide and mass murder/suicide

Understanding Suicide

When: October 16-17,
8 a.m.-5 p.m.

Where: UAB EACC office
in Five Points

Cost: \$250 (for both days)

*Deadline to register is
Thursday, October 10;
limited to 40 participants.*

THIS PROGRAM OFFERS 14 NBCC HOURS

UAB EACC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6844. Programs that do not qualify for NBCC credit are clearly identified. UAB EACC is solely Responsible for all aspects of the programs.



For online registration or more information, visit uab.edu/eacc.