



EMPLOYEE ASSISTANCE
& COUNSELING CENTER

The University of Alabama at Birmingham

A Confidential Space for Telehealth Services

The UAB Medicine Office of Wellness offers confidential office space with technology for virtual sessions for UAB Medicine employees seeking services from the UAB Employee Assistance & Counseling Center.

Open Tuesdays, Wednesdays
and Thursdays, 2 to 6 p.m., for
UAB Medicine Employees

Access

Scan your UAB ID to enter the front glass door. The second door will be open, allowing you to enter the hallway. Office 10, in front of the conference room, will be set up for your session.

Instructions

- Use your UABMC login to utilize the desktop computer.
- Be sure to sign out after your session.
- Prior to leaving, please sanitize the keyboard, mouse and desk using the supplies in the office.
- Do not lock the office door behind you.

UAB MEDICINE OFFICE OF WELLNESS 509 Richard Arrington Jr. Blvd. South

The UAB Medicine Office of Wellness is located on the ground (street) level of the Kirklin Clinic Parking Deck, between the Office of Patient Experience and Harbin Pharmacy.
Please note — the office is NOT located inside the Kirklin Clinic.

Directions



Walking Directions from Indoors: Take the 2nd floor to the Kirklin Clinic from as far away as the Children's Hospital. From the Kirklin Clinic Atrium, take the elevators on the right to Ground Floor. Exit elevators and proceed outside to Richard Arrington Jr. Blvd. After crossing Richard Arrington Jr. Blvd, turn left and walk under the covered sidewalk towards 5th Ave. South. Enter UAB Medicine Office of Wellness on the right, past Harbin Pharmacy.



Walking Directions from Outdoors: From 6th Ave. South in front of the Kirklin Clinic, proceed toward Richard Arrington Jr. Blvd. After crossing Richard Arrington Jr. Blvd., turn left and walk under the covered sidewalk towards 5th Ave. South. Enter UAB Medicine Office of Wellness on the right, past Harbin Pharmacy.



Driving Directions & Parking: The physical address for the UAB Medicine Office of Wellness is 509 Richard Arrington Jr. Blvd. South. Paid parking is available in the Kirklin Clinic Parking Deck at 2100 6th Ave. South, or you can utilize street parking.

All appointments must be scheduled through the EACC: uab.edu/eacc | 205-934-2281