



Body Awareness

AN EACC VIRTUAL ART GROUP

Join EACC counselor Carrie Ezell for a virtual art experience where you will examine the gifts and challenges of your body. *Please note — this is NOT an art therapy group; no art experience needed to participate.*

WHEN & WHERE:
Wednesday, March 24,
3-4 p.m., via Zoom

WHO:

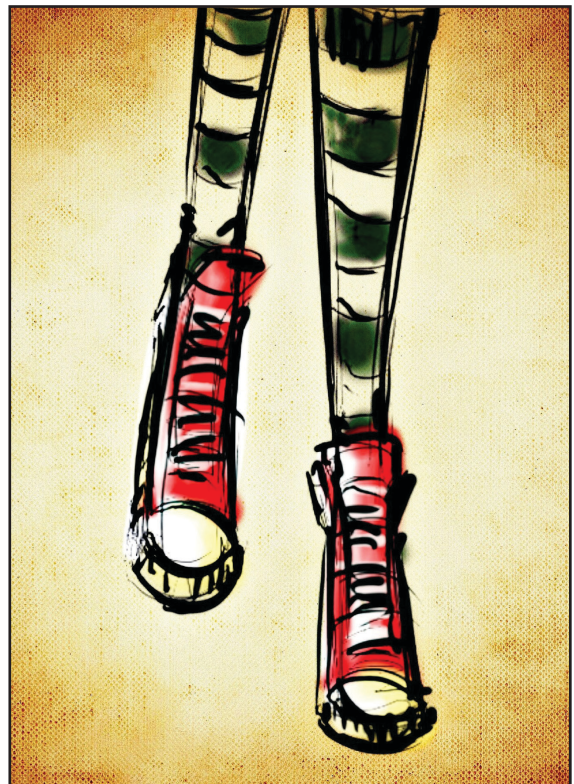
Program is free and open to all UAB, UAB Medicine, VIVA Health, Homewood City School system and i3 Academy employees and members of their immediate households.

MATERIALS:

Please have markers or colored pencils and paper prior to joining the session.

REGISTRATION:

Email cmezell@uabmc.edu for ZOOM link and password.



EMPLOYEE ASSISTANCE
& COUNSELING CENTER

The University of Alabama at Birmingham