

## A UAB FINANCIAL WELLNESS WEBINAR

Are you financially insecure? What comes to mind when you think of financial security? The real meaning of a financial insecurity may surprise you. Join EACC Financial Wellness Counselor Cecelia Boyd for a discussion on the different types of financial insecurities and dealing with those insecurities.

PLOYEE ASSISTANCE **COUNSELING CENTER** The University of Alabama at Birmingham

WHEN &

WHO:

WHERE:

Program is free and open to all UAB, UAB Medicine, VIVA Health, Homewood City Schools and i3 Academy employees and members of their immediate household.

Tuesday, March 16,

**REGISTRATION:** 

noon-1 p.m.

To register via Zoom, go to **go.uab.edu/EACC-Calendar** and select "Dealing with Financial Insecurities." To request disability accommodations, email **HRAWARE@uab.edu**.

via Zoom

For additional financial wellness resources, visit **uab.edu/finwell**.