

LEADING through TRAUMA



PART TWO RESILIENCE

a UAB Employee Assistance & Counseling Center seminar for UAB Highlands Hospital employees

Learn the definition of resilience, and how to identify factors in resilience and strategies for building resilience in this presentation by EACC Counselor Kathryn Jones, PhD, LMFT, CEAP, BC-TMH

WHEN:

Thursday, July 19
7:30 a.m. & 2 p.m.

WHERE:

Highlands
Media Center