



# RISE Peer Responder Training

## ***Building a Resilient Community: RISE Peer Support Training for Emergency Responders, Faculty and Staff***

Challenging situations — whether in the emergency room, on campus or in the classroom — can impact our emotional well-being, performance, and relationships. Through active listening and empathic communication, peer support helps others feel heard, supported and less alone.

This training is designed for emergency responders, faculty and staff who want to encourage colleagues after difficult experiences.

Led by RISE Facilitator Bronwyn McInturff, MSW, LICSW, participants will learn strategies to support and refer colleagues to the appropriate mental health and wellness resources.

### **WHEN & WHERE:**

Thursday, April 30,  
1:30 to 5 p.m., WPCB Room E

### **WHO:**

Program is free and open to UAB Campus and UAB Medicine employees. Participation in the UAB Enterprise Mental Health Advocate program is not required.

### **REGISTRATION:**

Go to [go.uab.edu/EACC-Calendar](https://go.uab.edu/EACC-Calendar) and select "RISE Peer Responder Training" to register. To request disability accommodations, email [HRAWARE@uab.edu](mailto:HRAWARE@uab.edu).



RISE Peer Responder Training is a requirement of the Mental Health Peer Responder Learning Path in the **UAB Enterprise Mental Health Advocate Program**. Participation in the Mental Health Advocate program is not required to attend. [uab.edu/uabcare](https://uab.edu/uabcare)