Art therapy is an expressive therapy approach, which can be used across the life span and is beneficial for those who may feel traditional “talk therapy” is too restrictive. This panel discussion will examine the role of art therapy with diverse populations thereby demonstrating an inclusive therapy modality that increases overall quality of life, and reduces depression and anxiety. **No registration required.** **To request disability accommodations,** email dss@uab.edu or call 205-934-4205.

**PANELISTS:**

Carrie May Ezell, PhD, ATR-BC, LPAT (UAB EACC)

Christianne Strang, PhD, ATR-BC, CEDCAT (Faculty CAS, Dept of Psychology)

Kimberly Kirklin, MAAA, MAIM (Arts In Medicine)