UAB Employee Assistance & Counseling Center presents a monthly educational seminar for VIVA Health employees.

DEPRESSION

Learn the signs and symptoms — and causes — of depression, and address the most common types of depression and treatment options, in this presentation by EACC counselor Khoi Bishop, BC-TMH.

WHEN:
Wednesday, May 22, noon-1 p.m.

WHERE:
Dauphin Island Room 205

REGISTRATION:
Go to uab.edu/learningsystem and enroll in “Viva — Depression” under the catalog tab.
To request disability accommodations email dss@uab.edu or call 205-934-4205.