Participants learn to address problems and translate their emotions through therapeutic art activity in this month’s art therapy group, facilitated by EACC counselor Carrie Ezell.

WHEN: 
Tuesday, Jan. 28, 3:30-4:30 p.m.

WHERE: 
West Pavilion Conference Room G

WHO: 
Program open to all UAB, UAB Medicine, VIVA Health and Homewood City School employees.

To register call the EACC at 205-934-2281.

PLEASE NOTE: This is not an art class. EACC’s art therapy group provides a creative, expressive and cathartic experience — no artistic talent necessary.