



HEALTHY AGING

An Eldercare Education Series
presented by UAB Employee Assistance & Counseling Center

Arts and Dementia Care *and Virtual Eldercare Resource Fair*

Daniel C. Potts, a staff neurologist at the Tuscaloosa VA and one of America's top physicians, champions life-affirming care for persons living with dementia and their care partners. Potts founded Cognitive Dynamics Foundation in memory of his father who became an acclaimed watercolor artist in the throes of Alzheimer's disease. In this seminar, participants will learn about the foundation's Bringing Art to Life program, as well as relevant research regarding the arts and dementia care.

*Virtual resource fair with community
eldercare providers follows the
presentation.*

WHEN & WHERE:

Thursday, March 30, via Zoom
Virtual Seminar, 12:15-12:45 p.m.
Eldercare Resource Fair, 12:45-1 p.m.

WHO:

Program is free and open to all UAB, UAB Medicine, VIVA Health, Homewood, Trussville and Tarrant City Schools and i3 Academy employees and members of their immediate household.

REGISTRATION:

Go to go.uab.edu/EACC-Calendar and select "Healthy Aging" to register. To request disability accommodations, email HRAWARE@uab.edu.



EMPLOYEE ASSISTANCE
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The University of Alabama at Birmingham

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