

Become a



UAB Employee Assistance & Counseling Center

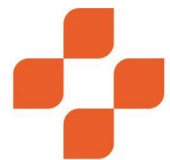
# MENTAL HEALTH ADVOCATE

**A new program from the UAB Employee Assistance and Counseling Center invites you to become a UAB Mental Health Advocate.**

UAB or UAB Medicine faculty and staff who complete one *QPR Suicide Prevention Gatekeeper Training* session and one *Mental Health First Aid* session will be awarded a UAB Mental Health Advocate badge to add to their email signature line. Both QPR Suicide Prevention Gatekeeper Training and Mental Health First Aid are offered year-round via Zoom.

Visit [go.uab.edu/EACC-Calendar](https://go.uab.edu/EACC-Calendar) to register for upcoming sessions.

**QPR**  
for Suicide  
Prevention



**Mental Health**  
**FIRST AID**

**UAB**

EMPLOYEE ASSISTANCE  
& COUNSELING CENTER

The University of Alabama at Birmingham