



RISE Peer Responder Training

Building a Resilient Community: RISE Peer Support Training for Emergency Responders, Faculty and Staff

Challenging situations — whether in the emergency room, on campus or in the classroom — can impact our emotional well-being, performance, and relationships. Through active listening and empathic communication, peer support helps others feel heard, supported and less alone.

This training is designed for emergency responders, faculty and staff who want to encourage colleagues after difficult experiences.

Led by RISE Facilitator Bronwyn McInturff, MSW, LICSW, participants will learn strategies to support and refer colleagues to the appropriate mental health and wellness resources.

WHEN & WHERE:

Thursday, March 26, 8 a.m.-12 p.m., via Zoom

WHO:

Program is free and open to UAB Campus and UAB Medicine employees. This program qualifies healthcare workers to become RISE Peer Responders for UAB Medicine. Participation in the UAB Enterprise Mental Health Advocate program is not required.

REGISTRATION:

Go to go.uab.edu/EACC-Calendar and select "RISE Peer Responder Training" to register. *To request disability accommodations, email HRAWARE@uab.edu.*



RISE Peer Responder Training is a requirement of the Mental Health Peer Responder Learning Path in the **UAB Enterprise Mental Health Advocate Program**. Participation in the Mental Health Advocate program is not required to attend. uab.edu/uabcares