

# QPR

QUESTION  
PERSUADE  
REFER

## for Suicide Prevention



QPR for Suicide Prevention offers hope through positive action. As a trained QPR Gatekeeper, you will learn to recognize the warning signs of people in trouble, and will have the tools to act vigorously to possibly prevent a suicide.

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*For additional suicide prevention resources, visit [uab.edu/uabcare](http://uab.edu/uabcare).*

### 2023 DATES:

- March 16, 8:30-10 a.m.
- May 16, 8:30-10 a.m.
- July 11, 3:30-5 p.m.
- September 7, 8:30-10 a.m.
- September 12, 3:30-5 p.m.
- September 21, 8:30-10 a.m.
- September 26, 3:30-5 p.m.
- November 14, 8:30-10 a.m.

### WHO:

Program is free and open to UAB, UAB Medicine, VIVA Health, Homewood, Trussville and Tarrant City Schools and i3 Academy employees and members of their immediate household.

### REGISTRATION:

Go to [go.uab.edu/EACC-Calendar](http://go.uab.edu/EACC-Calendar) and select a date to register via Zoom. Registration will be available 30 days prior to the session. To request disability accommodations, email [HRAWARE@uab.edu](mailto:HRAWARE@uab.edu).

