



**UAB HOSPITAL EMPLOYEE
Initial N95 Respirator Use Form**

Date: _____ Name (first and last): _____

Employee ID: _____ Blazer ID: _____ Last 6 digits of SSN: _____

Department: _____ Phone: _____

UAB E-Mail Address: _____
(if communication is needed, you will be contacted at your UAB e-mail address)

Supervisor: _____ Job Title: _____

DOB: _____ Male _____ Female _____ Height: _____ ft _____ in Weight: _____ lbs

Describe your work that requires N95 respirator use: _____

- | | YES | NO |
|--|--------------------------|--------------------------|
| 1. Have you ever worn a N95 respirator? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Do you currently smoke tobacco or have you smoked tobacco in the last month?..... | <input type="checkbox"/> | <input type="checkbox"/> |

For questions 3-9, if answers are "YES", UABH PLHCP should clarify with the follow-up questions to assist in reviewing the IRUF so medical consultation is compliant with OSHA standards. UABH PLHCP will email all "YES" IRUFs to OHS EH.

- | | | |
|---|--------------------------|--------------------------|
| 3. Have you ever had any of the following conditions? | | |
| A. Seizures (fits)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Follow-up questions: When were you diagnosed with seizures? | | |
| When was your last seizure? | | |
| If you have triggers for seizures, what are the triggers? | | |
| What medications do you take? | | |
| When was your last visit with your neurologist? | | |
| Action: UABH PLHCP clears employee for FT if no seizure within one year. Otherwise, refer to OHS EH. | | |
| B. Diabetes (sugar disease)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Follow-up questions: What was your last A1c? (Preferably within 6 months) | | |
| When checking glucose routinely, what does it run? | | |
| (average, peaks, lows) | | |
| When was your last MD visit? | | |
| Does MD think that your diabetes is under good control? | | |
| Action: UABH PLHCP can clear employee for FT even if employee does not know A1c or average glucose. UABH PLHCP advises the employee of the importance of this information from their MD. UABH PLHCP can clear employee for FT as long as A1c is not greater than 9 or average glucose is not greater than 200. Otherwise, refer employee to OHS EH. | | |
| C. Allergic reactions that interfere with your breathing..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Follow-up questions: Was this asthma related, nasal congestion related, or anaphylactic reaction related? | | |
| Has this reaction occurred while wearing a N95 respirator? | | |
| Action: UABH PLHCP can clear employee for FT if employee has an allergic reaction to bee stings, medications, or food allergies. Otherwise, refer employee to OHS EH. | | |

YES NO

D. Claustrophobia.....
Follow-up questions: Does this happen with crowds or in closed spaces like an elevator?
How severe is it?
Has it happened while wearing a N95 respirator?
Have you ever taken medication or seen a MD for it?
Action: UABH PLHCP can clear employee for FT as long as employee's claustrophobia is not related to N95 respirator and is not taking medication for claustrophobia. Otherwise, refer employee to OHS EH.

E. Trouble smelling odors.....
Follow-up questions: Verify that it is "smelling" versus "tasting" difficulties.
Does it occur with strong odors?
Has it interfered with N95 fit testing in past?
Note: In a few instances may affect employee's ability to taste.
Action: UABH PLHCP can clear employee for FT.

4. Have you ever had any of the following pulmonary or lung problems?

If there are "yes" answers, UABH PHLCP will clarify with employee if the medical condition is ongoing or has resolved with no further follow-up indicated.
Action: UAB PLHCP can clear employee for FT if employee had a medical condition in the past that resolved with no further follow-up. If employee has a current ongoing medical condition, then refer to OHS EH.

A. Asbestosis.....
Action: UABH PLHCP can clear employee for FT if asbestosis has been resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.

B. Asthma.....
Follow-up questions: Are you currently seeing a pulmonologist or primary MD?
Has the employee had a spirometry test within the last year? If so, have employee bring a copy of results to OHS EH appointment.
Action: UABH PLHCP can clear employee for FT if asthma has resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.

C. Chronic bronchitis.....
Action: UABH PLHCP can clear employee for FT if chronic bronchitis has resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.

D. Emphysema.....
Action: UABH PLHCP can clear employee for FT if emphysema has resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.

E. Pneumonia.....
Action: UABH PLHCP can clear employee for FT if pneumonia has resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.

F. Tuberculosis.....
Action: UABH PLHCP can clear employee for FT if tuberculosis has resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.

G. Silicosis.....
Action: UABH PLHCP can clear employee for FT if silicosis has resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.

H. Pneumothorax (collapsed lung).....
Action: UABH PLHCP can clear employee for FT if pneumothorax has resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.

I. Lung cancer.....
Action: UABH PLHCP can clear employee for FT if lung cancer has resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.

J. Broken ribs.....
Action: UABH PLHCP can clear employee for FT if broken ribs have resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.

YES NO

- K. Any chest injuries or surgeries.....
Action: UABH PLHCP can clear employee for FT if chest injuries/surgeries have resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.
- L. Any other lung problem that you've been told about.....
Action: UABH PLHCP can clear employee for FT if lung problem has resolved with no further follow-up indicated. Otherwise, refer to OHS EH and include related information.

5. Do you currently have any of the following symptoms of pulmonary or lung illness?

- A. Shortness of breath.....
- B. Shortness of breath when walking fast on level ground or up a slight hill or incline.....
- C. Shortness of breath when walking with other people at an ordinary pace on level ground...
- D. Have to stop for breath when walking at your own pace on level ground.....
- E. Shortness of breath when washing or dressing yourself.....
- F. Shortness of breath that interferes with your job.....
- G. Coughing that produces phlegm (thick sputum).....
- H. Coughing that wakes you early in the morning.....
- I. Coughing that occurs mostly when you are lying down.....
- J. Coughing up blood in the last month.....
- K. Wheezing.....
- L. Wheezing that interferes with your job.....
- M. Chest pain when you breathe deeply.....
- N. Any other symptoms that you think may be related to lung problems.....

Action: UABH PLHCP refers employee to OHS EH if answers "yes" to any of the above (question 5 A-N).

6. Have you ever had any of the following cardiovascular or heart problems?

- A. Heart attack.....
Action: UABH PLHCP refers employee to OHS EH if answers "yes".
- B. Stroke.....
Action: UABH PLHCP refers employee to OHS EH if answers "yes".
- C. Angina.....
Action: UABH PLHCP refers employee to OHS EH if answers "yes".
- D. Heart failure.....
Action: UABH PLHCP refers employee to OHS EH if answers "yes".
- E. Swelling in your legs or feet.....
Follow-up questions: Is the swelling ongoing and all the time?
Is it related to BP or heart failure?
Action: UABH PLHCP can clear employee for FT if employee responds no to both questions. Otherwise, refer to OHS EH.
- F. Heart arrhythmia (heart beating irregularly).....
Follow-up questions: Do you currently have symptoms of shortness of breath, chest pain, or anxiety with your arrhythmias?
How frequent?
How long do episodes last?
Any triggers for arrhythmias? (Such as caffeine, situations, meds)
What do you have to do to stop it?
Action: UABH PLHCP can clear employee for FT if employee has no SOB, chest pain, or anxiety with arrhythmia. Otherwise, refer to OHS EH.

	YES	NO
G. High blood pressure.....	<input type="checkbox"/>	<input type="checkbox"/>
Follow-up questions: What medications do you take? Is your blood pressure well controlled? Do you see MD regularly for HBP? When was your last MD visit?		
Action: UABH PLHCP can clear employee for FT if BP is <u>less than</u> 160/100. Otherwise, if BP is <u>greater than</u> 160/100, then UABH PLCHP has employee obtain 3 documented BP readings (1 BP reading/ week). UABH PLCHP emails BP readings to OHS EH for medical clearance.		
H. Any other heart problem that you've been told about.....	<input type="checkbox"/>	<input type="checkbox"/>
Follow-up questions: Do you have any symptoms? (Shortness of breath or chest pain)		
Action: UABH PLHCP can clear employee for FT if employee has no SOB or chest pain with heart problem. Otherwise, refer to OHS EH.		
7. Have you ever had any of the following cardiovascular or heart symptoms?		
A. Frequent pain or tightness in your chest.....	<input type="checkbox"/>	<input type="checkbox"/>
Action: UABH PLHCP refers employee to OHS EH if answers "yes".		
B. Pain or tightness in your chest during physical activity.....	<input type="checkbox"/>	<input type="checkbox"/>
Action: UABH PLHCP refers employee to OHS EH if answers "yes".		
C. Pain or tightness in your chest that interferes with your job.....	<input type="checkbox"/>	<input type="checkbox"/>
Action: UABH PLHCP refers employee to OHS EH if answers "yes".		
D. In the past two years, have you noticed your heart skipping or missing a beat.....	<input type="checkbox"/>	<input type="checkbox"/>
Follow-up questions: Do you currently have symptoms of shortness of breath, chest pain, or anxiety with arrhythmias? How frequent? How long do episodes last? Any triggers for arrhythmias? (Such as caffeine, situations, meds) What do you have to do to stop it?		
Action: UABH PLHCP can clear employee for FT if employee has no SOB, chest pain, or anxiety with arrhythmia. Otherwise, refer to OHS EH.		
E. Heartburn or indigestion that is not related to eating.....	<input type="checkbox"/>	<input type="checkbox"/>
Follow-up questions: Clarify with employee that question asked "not related to eating". Does this currently happen after meals? How often? Does this happen when lying down? Do antacids or acid reducers reduce the symptoms? How soon after taking antacid or acid reducer do you get relief?		
Action: UABH PLHCP can clear employee for FT if employee has symptoms with heartburn, indigestion, or reflux related to eating. Otherwise, if related to angina, refer to OHS EH.		
F. Any other symptoms that you think may be related to heart or circulation problems.....	<input type="checkbox"/>	<input type="checkbox"/>
Action: UABH PLHCP refers employee to OHS EH if answers "yes".		
8. Do you currently take medication for any of the following problems?		
A. Breathing or lung problems.....	<input type="checkbox"/>	<input type="checkbox"/>
Action: UABH PLHCP refers employee to OHS EH if answers "yes".		
B. Heart trouble.....	<input type="checkbox"/>	<input type="checkbox"/>
Action: UABH PLHCP refers employee to OHS EH if answers "yes".		
C. Blood pressure.....	<input type="checkbox"/>	<input type="checkbox"/>
Follow-up questions: If not answered from above: What medications do you take? Is your blood pressure well controlled? Do you see your MD regularly for HBP? When was your last MD visit?		
Action: UABH PLHCP can clear employee for FT if BP is <u>less than</u> 160/100. Otherwise, if BP is <u>greater than</u> 160/100, then UABH PLCHP has employee obtain 3 documented BP readings (1 BP reading/ week). UABH PLCHP emails BP readings to OHS EH for medical clearance.		

YES NO

D. Seizures (fits).....

Follow-up questions: If not answered from above:
When were you diagnosed with seizures?
When was your last seizure?
If you have triggers for seizures, what are the triggers?
What medications do you take?
When was your last visit with your neurologist?

Action: UABH PLHCP can clear employee for FT if no seizure within one year. Otherwise, refer to OHS EH.

9. If you have used a respirator, have you ever had any of the following problems while wearing a N95 respirator?

- A. I have never used a respirator (go to Question 10).....
- B. Eye irritation.....
- C. Skin allergies or rashes.....
- D. Anxiety.....
- E. General weakness or fatigue.....
- F. Any other problem that interferes with your use of a respirator.....

Action: UABH PLHCP refers employee to OHS EH if answers "yes" to any of the above (question 9 B-F).

10. Will you be wearing a full-face piece respirator OR a self contained breathing apparatus (SCBA)? If YES, UAB Hospital N95 Respirator Program will refer employee for further evaluation.....

11. Would you like to talk to the health care professional who will review your answers on this form?.....

This Initial Respirator Use Form has been reviewed according to protocol and is deemed acceptable by the UAB Hospital Physician.

Employee Signature

Date

Health Care Professional Approval

Date