TURKEY CRANBERRY WRAP

INGREDIENTS

- 2 Tbsp dried cranberries
- 2 Tbsp whipped cream cheese
- 1 whole-wheat or spinach tortilla
- 10 spinach leaves
- 2-3 slices low-sodium turkey

DIRECTIONS

1. Stir together dried cranberries and cream cheese.
2. Spread cream cheese mixture on tortilla.
3. Add spinach and turkey slices.
4. Roll tortilla up and slice in half before serving.



Serves: 1
Serving Size: 1 wrap
Calories: 350
Protein: 22g
Fiber: 4g

Recipe courtesy of kitchen-concoctions.com