



Sandra L. Frazier, MD

Dr. Sandra Frazier attended medical school at The University of Mississippi where she also completed a pediatric residency and fellowships in Adolescent Medicine and Addiction Medicine.

She came to The University of Alabama at Birmingham (UAB) in 1994 and founded The Addiction Recovery Program in the Department of Psychiatry. As part of this program, she worked with many health care professionals with substance use disorders and became interested in professional health and wellbeing.

In an effort to assist health care providers in a more proactive and preventive way, she established The Professional Development Office in 2006 at UAB and was named UAB's first Physician Health Officer. Her practice since that time has focused on caring for caregivers. As such, she and her team work with medical students, residents, fellows, MD's, and PhD's to provide assessment, counseling, coaching, and lectures addressing such issues as anxiety, depression, substance use disorders, behavioral issues (including lack of professionalism, poor communication skills) career brainstorming, etc. in a confidential setting.

In 2011, Dr. Frazier was promoted to Assistant Dean of Professional Development and has expanded her services to include conflict management and assessing dysfunctional teams. Additionally, in 2014, she was named an Associate Experience Officer which affords her the privilege of coaching individual providers and their teams on ways to improve patient experience and engagement.