







-  UAB Medicine Trail: **0.4 miles (5 laps=2 miles)**
-  Children's of Alabama Trail: **0.6 miles (5 laps=3 miles)**
-  John Whitaker Extension: **0.15 miles (roundtrip=0.3 miles)**
-  UAB Medicine Indoor Trail + John Whitaker Ext: **1 lap=0.7 miles**
-  UAB Medicine/Children's of Alabama: **1 lap=0.9 miles**
-  UAB Medicine/Children's of Alabama + John Whitaker Ext: **1 lap=1.2 miles**

[UAB.EDU/WALK](http://UAB.EDU/WALK)

# UAB MEDICINE/CHILDREN'S OF ALABAMA WALKING TRAIL



Children's of Alabama®

