UAB WALKING TRAILS

**UAB ACADEMIC TRAILS**
- UAB School of Public Health
- UAB School of Nursing
- WHP
- Learning Resource Center
- Unity Park
- Denman Hall
- Campus Recreation Center
- Campus Green
- University Dining
- Blazer Hall
- Camp Hall
- Chemistry Annex
- Chemistry Building
- Heritage Hall

**UAB MEDICINE TRAILS**
- UAB Hospital North Pavilion
- UAB Hospital West Pavilion
- Hillman Buildings
- The Kirklin Clinic of UAB Hospital
- The Fish Market

**HIGHLANDS TRAIL**
- St. Andrews Episcopal Church
- Pita Stop
- UAB Orthopaedic Specialists
- Arc of Jefferson County
- Highlands Trail: 1 lap = 0.5 miles

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- UAB Medicine Outdoor Trail: 0.5 miles
- UAB Medicine Indoor Trail: 0.4 miles (5 laps = 2 mi)
- Whitaker Extension: 0.15 miles (roundtrip = 0.3 mi)
- Indoor Trail + Whitaker Extension: 0.7 miles

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- Campus Green Trail: 1/3 mile
- Blazer Trail: 1 mile

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For more information, visit uab.edu/walk.