



# Learning Agility

## Learn Now Guide

Learning is vitally important to our professional success. Learning Agility is defined as the “ability and willingness to learn from experience, and then apply that learning to perform successfully under new situations.”<sup>1</sup>

Increase your learning agility by trying some of these suggestions.



### Learn on your own

- **Develop your learning agility** by reviewing the behaviors identified with learning agility and answering the diagnostic questions found in this [resource](#).



### Learn from others

- **Watch and learn** from individuals as they deal with difficult concepts, people, and change. Observe how they interact with others and adjust their communication style to the individual/circumstance.
- **Gain new perspectives, take on unfamiliar challenges, take risks, pursue new opportunities, and stretch outside of your comfort zone** by engaging individuals from diverse backgrounds.



### Learn by doing

- **Challenge yourself in one area** where you think you can improve. Set a goal of 30 to 60 days to improve in that area. Tell others about your goal so that they can hold you accountable.
- **Redefine a recent mistake as a learning opportunity** and determine what you will do differently to obtain a different result next time.

<sup>1</sup> [Lombardo, M. M., & Eichinger, R. W. " High Potentials as High Learners. " Lominger, 2000.](#)