

LEARNING & DEVELOPMENT NEWS

DECEMBER 2024

UAB
LEARNING & DEVELOPMENT
The University of Alabama at Birmingham

Thank you for being an integral part of our learning community. We wish you the happiest holidays from all of us at Learning and Development (L&D)!



As the year winds down, we would like to take a moment to reflect on our journey together over the past year. Your dedication to learning has been instrumental in our collective success, and we are deeply grateful for your support. Let's look back on our achievements and consider how we can continue to grow and invest in your success.

LOOK BACK!

Over **3,000** of you attended one or more of our **200** learning programs offered this year. We are on track to hit **9,000** in total program attendance by the end of the year, which is a **42%** increase from last year.

Feel like you are missing out? Check out three of our most popular programs from last year below. Click to view the recording.



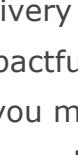
5 Steps to Writing Emails at Work

Improving Your Outlook



Turning Obstacles into Opportunities

Learning from Leaders



Zoom AI Companion

AI @ Work

Reflect & Grow

Take a moment and reflect on these questions:

- What skill did you pick up or improve this year, and how has it impacted you/others?
- What project or goal are you most proud of accomplishing, and what did you learn from it?
- How have you applied the knowledge or skills from our programs to achieve your goals or overcome challenges?

LOOK FORWARD!

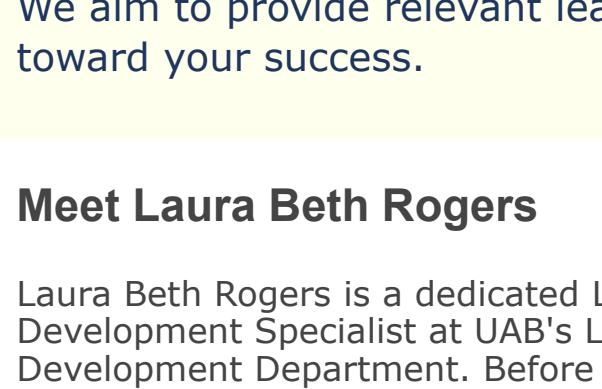
We are excited to look ahead and plan for the future of our Learning and Development programs. Your feedback is invaluable to us, and we invite you to participate in a short survey to help shape our offerings for 2025.

Take Survey

By sharing your insights, you'll be entered into a drawing to win your choice of one of our feedback, leadership, or strengths assessment books.



December LearnDev Program Calendar



Zoom Smart Recordings & Meeting Coach

Thur., Dec. 12 | 11 to 11:45 a.m. | ZOOM

Join Jamie Witter (Director of IT Client Services) and Jerad Watson (Manager at Learning and Development) as they explore how you can leverage Zoom AI tools to recap meetings, track action items, & improve meeting facilitation/presentation skills.

To Catch a Phish and Clean Up the Junk

Mon., Dec. 16 | 11 to 11:30 a.m. | ZOOM

Can you catch a phish? Phishing and junk emails are both unsolicited messages, but they serve different purposes. Improving Your "Outlook" is sunsetting in December – this is our last episode, so join guest Robby Ballard, Information Security Associate, to learn about the difference between a phish or junk email and Improve Your Outlook!

NEW! Developing Great Presentations

Wed., Dec. 18 | 1:30 to 3:30 p.m. | MT-419A

Want to move from good to great presentations? This workshop enhances your presentation design and delivery skills, ensuring you can create impactful and engaging presentations. If you make or present presentations at any scale, this workshop is for you.

Zoom Smart Recordings & Meeting Coach

Thur., Dec. 12 | 11 to 11:45 a.m. | ZOOM

Explore the world of technology with TechTalk (formerly Improving Your "Outlook")! This course delves into modern software's productivity, creativity, and collaboration features. Gain practical skills through discussions, demos, and examples, empowering you to master software and stay ahead in the tech landscape.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by 60 Minutes, this course features UAB leaders and influencers. It helps participants understand how shared values shape decisions, behavior, and relationships. Through self-reflection, discussions, and exercises, participants learn to align these values with their professional lives for greater fulfillment and effectiveness.

NEW! Shared Values

Tues., Feb. 18 | 11 a.m. to 12 p.m. | ZOOM

Inspired by