

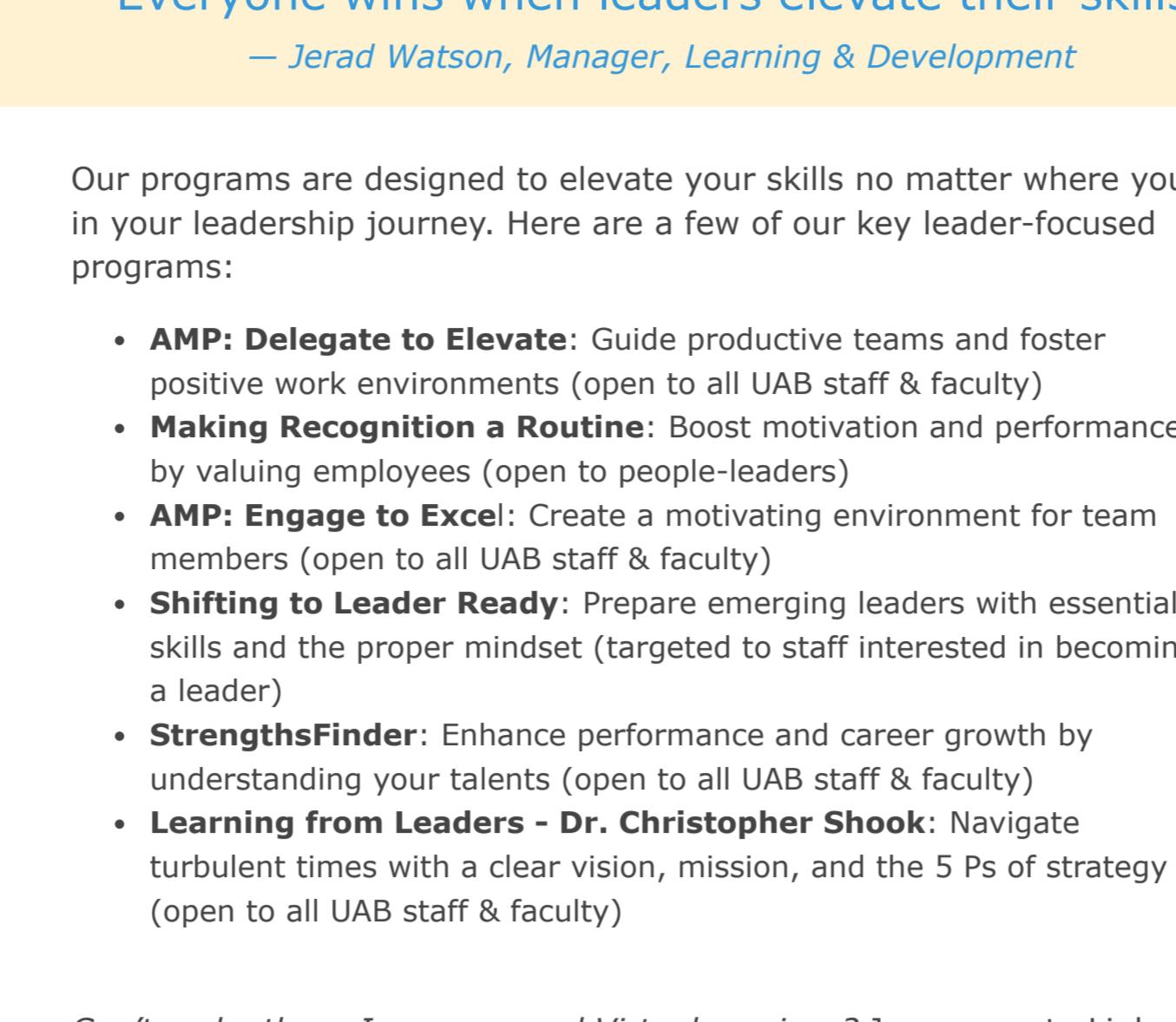
FEBRUARY 2025

LEARNING & DEVELOPMENT NEWS

UAB The University of Alabama at Birmingham

Learning & Development

Leadership Learning Month at L&D



As we enter February and March, it's the perfect time to bolster your leadership skills with Learning & Development (L&D). Our programs are packed with opportunities to elevate your leadership skills, foster a culture of recognition, and equip emerging leaders with confidence and competency.

"Everyone wins when leaders elevate their skills."

— Jerad Watson, Manager, Learning & Development

Our programs are designed to elevate your skills no matter where you are in your leadership journey. Here are a few of our key leader-focused programs:

- **AMP: Delegate to Elevate:** Guide productive teams and foster positive work environments (open to all UAB staff & faculty)
- **Making Recognition a Routine:** Boost motivation and performance by valuing employees (open to people-leaders)
- **AMP: Engage to Excel:** Create a motivating environment for team members (open to all UAB staff & faculty)
- **Shifting to Leader Ready:** Prepare emerging leaders with essential skills and the proper mindset (targeted to staff interested in becoming a leader)
- **StrengthsFinder:** Enhance performance and career growth by understanding your talents (open to all UAB staff & faculty)
- **Learning from Leaders - Dr. Christopher Shook:** Navigate turbulent times with a clear vision, mission, and the 5 Ps of strategy (open to all UAB staff & faculty)

Can't make these In-person and Virtual sessions? Jump over to LinkedIn Learning and check out courses on Communication tips for leaders, team engagement, coaching, and more.

[ACCESS LINKEDIN LEARNING](#)

Let Your Voice Be Heard: Participate in the 2025 Campus Engagement Survey!



Participating in the 2025 Campus Engagement Survey lets you shape UAB's future. Your insights guide the university toward becoming a better workplace and stronger community influence. An initiative from the President's Office, this survey is vital for faculty and staff to voice their opinions and drive change. Recently, you received an email from President Watts inviting you to participate, followed by an email from ModernThink with survey details. Your honest feedback is crucial. The survey is quick, anonymous, and confidential, taking only a few minutes to complete.

Key Aspects of Participating:

- **Influence Decision-Making:** Your feedback impacts university policies and initiatives
- **Enhance Work Environment:** Identify areas for improvement in performance management, communication, and workforce development
- **Support Employee Growth:** Contribute to new learning experiences and institution-wide awards
- **Strengthen Community Impact:** Ensure UAB remains a positive community force

Your participation is vital in making UAB a better place for everyone. Let your voice be heard by completing the 2025 UAB Campus Engagement Survey by February 17, 2025!

[LEARN MORE ABOUT THE SURVEY](#)

February LearnDev Program Calendar



AMP: Delegate to Elevate

Thu., Feb. 13 | 10 to 11:30 a.m. | [ZOOM](#)

Participants will explore the key principles of delegation, learn to identify tasks that can be delegated and discover strategies for matching responsibilities to team strengths. The AMP Leadership Series is your resource for enhancing your leadership skills, no matter your role. Discover how to guide a productive team and foster a positive work environment.



UAB Journaling Club: Journaling through Grief and Loss

Thu., Feb. 13 | 1 to 2 p.m. | [ZOOM](#)

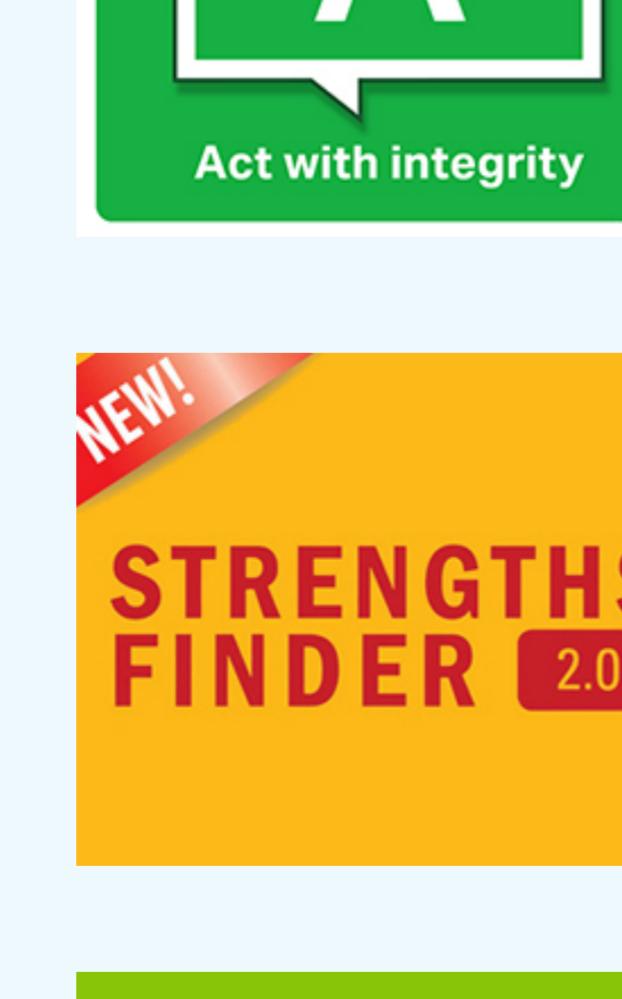
L&D Specialist Alison Kneiseley and Artist in Residence Salama Green return for our first session of 2025! Join our guest, Janice Ward, Director of Faculty Affairs in the Office of the Provost & Adjunct Instructor, UAB Collat School of Business, as she shares her story of journaling through grief and the loss of her son. In many ways, journaling is like having a companion who allows you to express your innermost thoughts and feelings without explanation or guilt, or apologies.



DISC

Thu., Feb. 13 | 1:30 to 4 p.m. | [MT-419A](#)

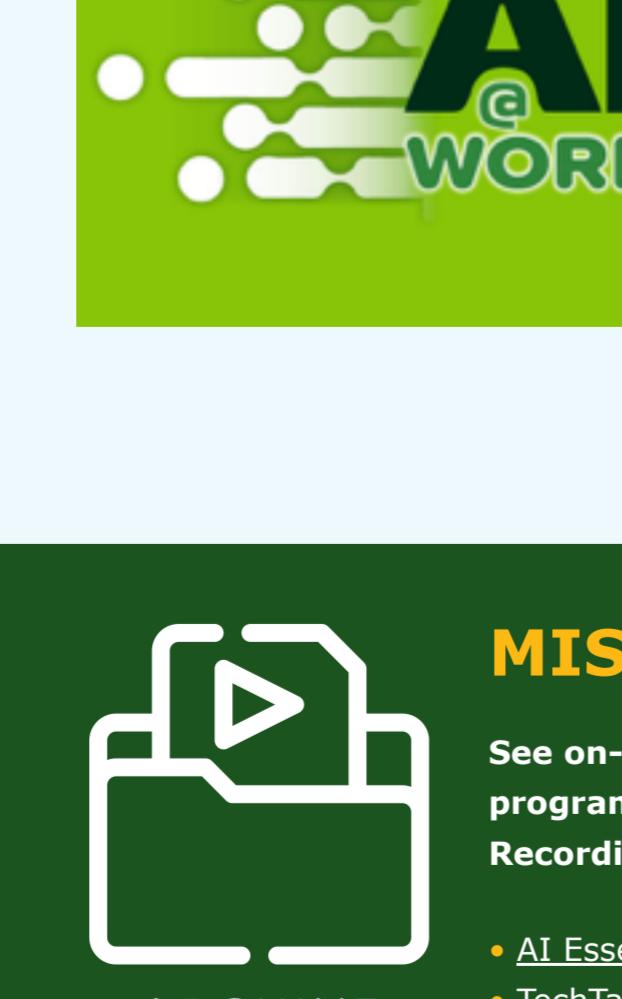
The DISC Model offers insights into communication preferences and tendencies and guides you on maximizing your potential results. This workshop will help you understand your behavioral style and how it influences your behavior.



AI @ Work: Dr. Carver (VP & CIO)

Wed., Feb. 26 | 11 to 11:45 a.m. | [ZOOM](#)

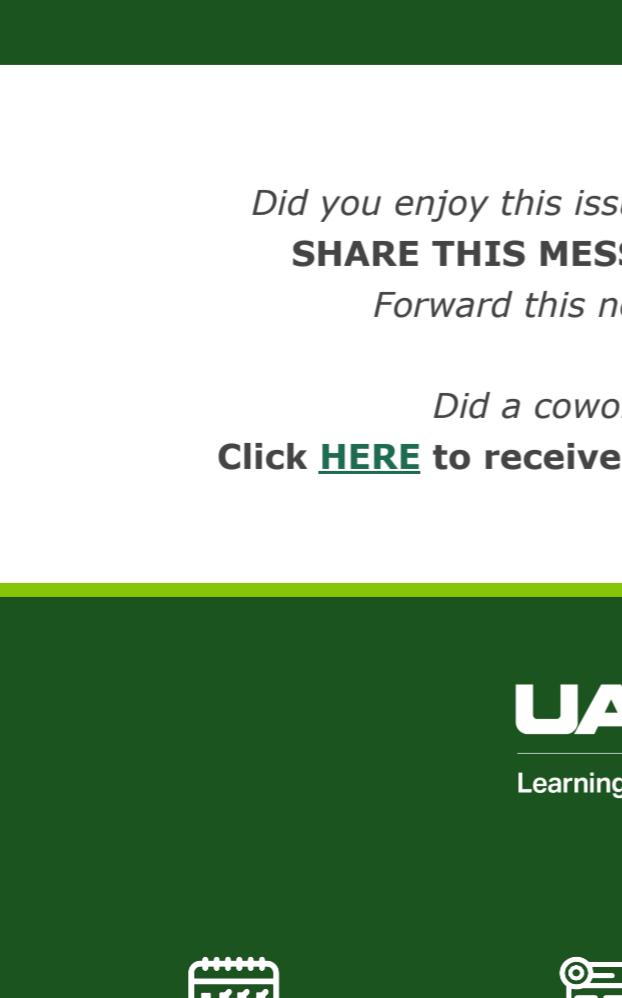
In this episode, Dr. Curt Carver, UAB's VP and Chief Information Officer, will discuss where UAB has been, where we are now, and where we are going with the use of AI at UAB. Check out how UAB is suffering ahead of the crowd in AI in this special episode of AI @ Work.



Making Recognition a Routine

Wed., Feb. 26 | 1:30 to 3:30 p.m. | [MT-419A](#)

A culture of excellence is fostered when employees know their efforts are recognized and valued. This program addresses praise and recognition in three aspects: rewards as tokens, demonstrations of appreciation, and growth opportunities.



MISSED A SESSION?

See on-demand content from previously recorded programs. Click the links below to access the L&D Digital

Archives.

• [AI Essentials](#) • [Exploring LinkedIn Learning](#)

• [TechTalk](#) • [Journaling Club](#)

• [Improving Your Outlook](#) • [AI @ Work](#)

• [StrengthsFinder](#) • [AI @ Work for Outlining](#)

• [We CARE](#) • [Psychological Safety](#)

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