

UAB LEARNDEVWHISPER

A Weekly Publication of Learning

The Remote Work Experiment

Joining you over the next few weeks are thousands, perhaps millions, of others that are making the immediate shift to remote work in order to meet the demand of social distancing amid the COVID-19 (Coronavirus) outbreak. In doing so, one must also find a way to continue to provide great customer service as well as get the job done efficiently.

But even before this pandemic struck, remote work had already been on the rise. This new enterprise is familiar to some and uncharted territory for others. Regardless of where you fall, below are some recommendations and videos to assist you.

KEEP ON LEARNING*

- ▶ [Building Resilience \(34m 25s\)](#)
- ▶ [Working Remotely \(1h\)](#)
- ▶ [Managing Virtual Teams \(56m 14s\)](#)
- ▶ [Time Management: Working from Home \(1h 25m\)](#)
- ▶ [Cultivating Mental Agility \(37m 12s\)](#)

**Benefits-eligible UAB, VIVA Health, Callahan, UABHS and HSF employees have free access to LinkedIn Learning platform. If you have questions, please email campuslearning@uab.edu.*

Please Note: When watching a LinkedIn Learning course/video, read the sign-in dialogue boxes carefully.

CALL TO ACTION:

- Read the [UAB Temporary Telecommuting Agreement](#). Complete and submit it after a discussion with your supervisor.
- Use the [UAB Remote Work Technology Kit](#).
- Establish a “Do Not Disturb” area for working.
- Set and keep your work hours.
- Strive to work as though you were still in the UAB office.
- Complete new and existing tasks/projects assigned to you.
- Keep in touch with supervisors and co-workers through the method of communication established by your department.



LEARNING
& DEVELOPMENT

The University of Alabama at Birmingham

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