

# UAB LEARNDEV WHISPER

*A Weekly Publication of Learning*

## Are You A Critical Thinker?

Now more than ever, managers are looking for people who bring solutions, rather than putting forward only problems, and bringing only complaints. To solve challenges, you need critical thinking and problem-solving skills. Start improving your skills today by watching the videos and reading the articles below. Put the action items into practice with small issues at first and work up to larger ones. Your manager, and perhaps your family, will thank you.

### CALL TO ACTION:

- Distinguish the true cause of the problem. Dig deeper to find out what the real problem is before making recommendations to resolve it.
- Break big problems into small bites.
- Examine past outcomes to see if this is a reoccurring problem.
- Take time out to think through the problem before making recommendations for solving it.

### KEEP ON LEARNING\*

- ▶ Watch the LinkedIn Learning course on [Critical Thinking](#) (1h 6m).
- ▶ Short on time? Here's a snippet, [The Importance of Critical Thinking](#) (1m 45s).
- ▶ Read the article, [Critical Thinking Skills](#).
- ▶ Read the article, [8 Science-Based Strategies for Critical Thinking](#).

*\*Benefits-eligible UAB, VIVA Health, Callahan, UABHS and HSF employees have free access to LinkedIn Learning platform. If you have questions, please email [campuslearning@uab.edu](mailto:campuslearning@uab.edu).*

*Please Note: When watching a LinkedIn Learning course/video, read the sign-in dialogue boxes carefully.*