

UAB LEARNDEV WHISPER

A Weekly Publication of Learning

5 Remote Work Productivity Tips

Let's face it. Remote work is on the rise and it can be difficult to be productive when working from home – with so many distractions. But it isn't a new concept. There are several things you can do to maintain your focus and become more efficient and successful while working from home.

CALL TO ACTION:

- Keep a schedule or list.
- Think about your weekly outcomes.
- Stay connected by proactively reaching out to co-workers, leaders and clients.
- To relieve anxiety, take breaks.
- End your work day with a "To-Done" list.

KEEP ON LEARNING*

- ▶ Join us for the webinar, ["The Resilient Team: Productive Strategies for Working Remotely"](#) on June 4, 2020 at 10:00 am.
- ▶ Read the article, [How to Actually be Productive When You're Working from Home.](#)
- ▶ Check out the video [How to Actually Work...When You Are Working from Home](#) (3m 9s)

**Benefits-eligible UAB, VIVA Health, Callahan, UABHS and HSF employees have free access to LinkedIn Learning platform. If you have questions, please email campuslearning@uab.edu.*

Please Note: When watching a LinkedIn Learning course/video, read the sign-in dialogue boxes carefully.