

UABLEARNDEVWHISPER

A Weekly Publication of Learning

Are You A Good Decision Maker?

We make hundreds of decisions every day – usually within seconds. When it comes to making major, possible life-changing decisions, how confident are you in your ability to make good decisions?

Some people rely on their “gut” decision, or instinct; others rely on reason and logic. Effective decision making is a process. It is doing the right thing (knowing your values and honoring them), prioritizing, and weighing the pros and cons of each decision.

Whatever your role – employee, manager, partner, parent, etc. – you make decisions. Think about decision making as a process and a choice. Continue reading to learn how to make better decisions starting today!

CALL TO ACTION:

- **Managers:** Encourage employees to make decisions. Reward the good decisions, and coach those who need help.
- **Employees:** Think about your work decisions. Was it a good decision? Did you have other options? Was it the best choice?
- **Practice:** Helping others is a great way to learn. Share and coach effective decision making. Point out opportunities to make decisions. Help others evaluate their choices to help them with decision making.

KEEP ON LEARNING*

- ▶ Watch [Decision Making](#) (1m 39s) to learn more on making better decisions.
- ▶ [Simplify Decision Making](#) (1m 54s) can help you learn the process.
- ▶ [Making Tough Decisions](#) (3m 8s) can assist with developing decision-making skills.
- ▶ Check out [7 Steps of the Decision Making Process](#).



LEARNING
& DEVELOPMENT

The University of Alabama at Birmingham