CONTINUOUS LEARNING

Sometimes, we tend to think that every day is the same, but it’s not. We learn something new every day. Whether you Google a question, ask a friend or co-worker how to do something, hear about something you didn’t know, or ask Siri or Alexa, you learned something new.

According to Gary Bolles, an instructor for Lynda.com and LinkedIn Learning, “If you think of the world of work as a river that continually weaves and flows, you’re gonna find it’s easier to simply, well, go with that flow and develop new strategies with each bend and turn.” He continues, “One of the most useful steps you can take is to do an annual self-inventory. Even if it’s a simple review of your favorite skills and knowledges, and your preferred work characteristics, make sure you take a few notes on an annual basis.”

Watch a 3-5 minute Lynda.com video, read an article, watch a TED Talk, listen to a podcast, or look up a word and then use it appropriately in a conversation. Learning new things is fun, and it leads to new experiences and opportunities. Become an autodidact (auto – die – dak). Look it up and become one.

THIS WEEK’S CHALLENGE:
1. Watch the video, Identify What’s Most Important to You? (2m 41s).
2. Pick one new thing you want to learn to enhance your career this week.
3. Research articles, videos, even subject matter experts (SMEs) to help you.
4. At the end of the week, see how much you’ve learned.

KEEP ON LEARNING

- **7 Reasons Why Continuous Learning is Important**, by Amit Nagpal, 6/30/17 (about a 5 to 10-minute read)
- **Why is Continuous Learning Important for Organizations**, by Valamis (approximately a 10 to 15-minute read)
- **Be a Lifelong Learner** from LinkedIn Learning (3m 10s)