MENTORSHIP

Mentoring in the workplace can feel like that extra homework assignment you forgot to do, but it doesn’t have to. Whether you’re the mentor or mentee, there are great rewards for engaging in mentorship that can boost both your personal and career development with knowledge that can last a lifetime.

**Try it:** Make a T-chart of your goals as a mentee or mentor. On one side, list the things you want your mentorship experience to accomplish. On the other side, list the things you are currently doing to make those goals an achieved reality.

**THIS WEEK’S CHALLENGE:**
- Identify an opportunity in your mentorship t-chart and take an active step toward achieving that goal.
- Connect with someone whose mentorship went well, and schedule a time to discuss what worked well for them.

**KEEP ON LEARNING**

- Thinking of becoming a mentor? Read Harvard Business Review’s “Five Questions Every Mentor Must Ask.”
- Lynda/LinkedIn Learning: For more information on becoming a mentee, watch Ellen Eshner’s course, *Being a Good Mentee.*