Juvenile Idiopathic Arthritis (JIA)

These websites have reliable, up-to-date information. If you have questions about your child’s condition or care, please speak with a member of the health care team.

**Pediatric Rheumatology International Trials Organization** (Europe)
www.printo.it/pediatric-rheumatology/information/UK/1.htm
- Provides information on juvenile arthritis in over 40 different languages.
- Includes links to English pediatric rheumatology centres, family help centres and research studies in progress (clinical trials).
- Provides information about medications used to treat juvenile arthritis. Some of the medications names are different in Canada.

**The Arthritis Society** (Canada)
www.arthritis.ca
Click on ‘Types of Arthritis’, then ‘Juvenile Arthritis’
- Provides information about different types of JIA.
- Describes treatments (medications, physical exercises, surgery) and the benefits and risks of each option.
- This website has discussion boards, pamphlets, and an online bookstore.
- Includes links to other resources about children’s health.
- This website is not as well laid out as well as others. There are few headings to help you read the large amount of text.

**Royal Children’s Hospital Melbourne** (Australia)
www.rch.org.au/rheumatology/jia.cfm?doc_id=10478
- Provides information on JIA, including a lot for teens.
- Provides information on many other topics, including managing at-home steroid injections, role of allied health professionals, and relaxation techniques to cope with stress.

Please turn over →
**Cincinnati Children’s Hospital** (United States)  
[www.cincinnatichildrens.org/health/info/rheumatology/default.htm](http://www.cincinnatichildrens.org/health/info/rheumatology/default.htm)

- Provides information on JIA in a Q&A format.
- Includes detailed information about blood tests that are used to identify the different types of JIA and check how the disease is progressing. Does not have a lot of information about the medications used to treat JIA.

**AboutKidsHealth** (Canada)  

- This is the website of the Hospital for Sick Children (Toronto, Ontario).
- Provides information on juvenile arthritis that is easy to read and understand.
- Click ‘Related articles’ for information about the medications used to treat JIA.