Mixed Connective Tissue Disease (MCTD)

These websites have reliable, up-to-date information. If you have questions about your child’s condition or care, please speak with a member of the health care team.

**Cincinnati Children’s Hospital** (United States)
[www.cincinnatichildrens.org/health/info/rheumatology/diagnose/mctd.htm](http://www.cincinnatichildrens.org/health/info/rheumatology/diagnose/mctd.htm)
- Provides information about the diagnosis, complications, prognosis, and treatment of MCTD in children.
- Includes some links to other associations involved with MCTD education and research.
- Briefly describes the emotional aspects of managing this disease.
- Limited information on how to manage the stress of chronic illness or how to help children learn to accept their health condition.

**E–medicine** (United States)
- This article about MCTD is written by a pediatrician. Some medical knowledge is needed to understand this information.
- Describes symptoms and medications use to treat MCTD. Medication information includes dosing, indications, contraindications, and risks.
- Links to other websites about rheumatologic diseases.

**National Institute of Health** (United States)
- Provides information on connective tissue disorders including MCTD.
- Links to research studies in progress (clinical trials), online articles and an overview written by doctors at the Mayo Clinic found at [www.mayoclinic.com/print/mixed-connective-tissue-disease/DS00675/DSECTION=all&METHOD=print](http://www.mayoclinic.com/print/mixed-connective-tissue-disease/DS00675/DSECTION=all&METHOD=print)
- It would be best to visit this website after the others listed in this Pathfinder.

Please turn over →
**Arthritis Society** (Canada)
[www.arthritis.ca/types%20of%20arthritis/mctd/default.asp?s=1&province=ca](www.arthritis.ca/types%20of%20arthritis/mctd/default.asp?s=1&province=ca)

- Provides up-to-date, easy-to-read information about MCTD in Q&A format.
- The main website ([www.arthritis.ca](www.arthritis.ca)) has links to other online resources, information about upcoming events, and support groups for patients and families.