Raynaud’s phenomenon

These websites have reliable, up-to-date information. If you have questions about your child’s condition or care, please speak with a member of the health care team.

**Arthritis Foundation** (United States)
- A good place to start learning about Raynaud’s phenomenon.
- Provides up-to-date information on the causes, diagnosis, treatment, and complications.
- The ‘Disease Center’ menu links you to information about some of the causes of secondary Raynaud’s phenomenon (the cause of primary Raynaud’s is not known)

**Scleroderma Foundation** (United States)
[www.scleroderma.org/medical/raynauds_overview2.shtm#what](http://www.scleroderma.org/medical/raynauds_overview2.shtm#what)
- This website is written by medical experts in the field of Rheumatology.
- Includes an excellent article about the disease, potential causes, diagnosis, treatment and complications.
- View or print brochures on Raynaud’s phenomenon.
- Links to articles and information about the causes of secondary Raynaud’s phenomenon, such as scleroderma.
- The main website [www.scleroderma.org](http://www.scleroderma.org) has a ‘Frequently Asked Questions’ page, an online store, and links to a dermatology atlas for images.
- The Scleroderma Foundation has an annual conference with workshops for patients and families. There is a handout on managing Raynaud’s from the 2007 conference.

Please turn over →
**Up-to-date** (United States)
[www.uptodate.com/patients/index.html](http://www.uptodate.com/patients/index.html) Search for ‘Raynaud’s phenomenon’
- This website is written by medical experts in the field of Rheumatology. Some medical knowledge is needed to understand the information on this website.
- Links to pictures describing Raynaud’s phenomenon.
- Includes an algorithm (plan) for the diagnosis of primary and secondary Raynaud’s phenomenon, reference articles, and links to reputable websites on rheumatology.
- With a subscription, you can get articles at a professional level.

**National Institute of Arthritis** (United States)
- Links to research studies in progress (clinical trials).