How do I burn an ISO image to a CD or DVD in OS X?

1. Go to the Applications folder and open the Utilities folder.

2. Launch Disk Utility by double-clicking on its icon.

3. Click File on the Disk Utility menu bar and select Open Disk Image...
4. **Navigate to the ISO file’s location** and click **Open**. The **ISO file will be attached** and now appears in the middle pane of the Disk Utility console.

5. **Right-click or Control-Click** on the ISO file and select **Burn “XXXXXXX.iso”**, where XXXXXXX.iso is the name of your ISO file.
6. You will be prompted to **place a disc** in your optical drive. Once the drive is inserted, **click Burn**.

7. The optical drive will begin **burning the ISO file** onto the disc. Once the process concludes, the disc will be ejected.