

mobile Wellness



MARCH 2025

Birmingham, AL

| Date | Time | Location |
|-----------------------|-------------------|---|
| Tuesday, March 4th | 11 am - 3 pm | Avondale Library 509 40th St S |
| Wednesday, March 5th | 10 am - 2 pm | Faush Metropolitan Manor 5705 1st Ave So. |
| Thursday, March 6th | 9:30 am - 1:30 pm | Sheppard Senior Center 700 Huffman Road |
| Wednesday, March 12th | 10 am - 2 pm | Smithfield Library 18th Ave West |
| Thursday, March 13th | 11 am - 3 pm | New Pilgrim Tower 3416 07th Ave South |
| Saturday, March 15th | TBD | B 'ham Chapter of Links TBD |
| Tuesday, March 18th | 10 am - 2 pm | ST. MARK CME 516 Iota South |
| Wednesday, March 19th | 9:30 am - 1:30 pm | Bundles of Hope 1430 Reverend Abraham Woods Jr. Blvd. |
| Thursday, March 20th | 10 am - 2 pm | Todd Homes / Kingston 4609 8th Ct. No. |
| Tuesday, March 25th | 11 am - 3 pm | Citycenter Place 1400 7th Ave North |
| Wednesday, March 26th | 11 am - 3 pm | Evergreen Missionary Baptist 2209 22nd Ave North |



@LiveHealthSmartAL



Live HealthSmart Alabama



uab.edu/livehealthsmartal