



ABOUT THE MOBILE WELLNESS VAN

The Mobile Wellness van is focused on one goal: making good health simple. With this mobile unit, Live HealthSmart Alabama brings comprehensive health screenings—at no cost—to your community.

We identify what your body needs to stay healthy and show you how to make positive lifestyle changes. If any of your numbers are out of normal range, we'll recommend the next steps in your healthcare journey. In just 15-minutes, you'll know your numbers for height, weight, BMI; blood pressure; cholesterol, blood sugar; and other health risks. Check the schedule above to see when we will be in your neighborhood.

DECEMBER 2023 SCHEDULE

Date	Time	Location
Saturday, December 2	8 AM - 12 PM	6th Ave Baptist Church 1101 Martin Luther King Jr Dr SW Birmingham, AL 35211
Wednesday, December 6	10 AM - 2 PM	Bundles of Hope 1430 Reverend Abraham Woods Jr. Blvd Birmingham, AL 35203 ★ <i>Special Event</i> ★ <i>Closed to vendors</i>
Thursday, December 7	9 AM - 1 PM	Fairfield Community Center 6400 Terrace Ave Fairfield AL 35064

LET'S CONNECT!



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