ABOUT THE MOBILE WELLNESS VAN

The Mobile Wellness van is focused on one goal: making good health simple. With this mobile unit, Live HealthSmart Alabama brings comprehensive health screenings—at no cost—to your community.

We identify what your body needs to stay healthy and show you how to make positive lifestyle changes. If any of your numbers are out of normal range, we’ll recommend the next steps in your healthcare journey. In just 15-minutes, you’ll know your numbers for height, weight, BMI; blood pressure; cholesterol, blood sugar; and other health risks. Check the schedule above to see when we will be in your neighborhood.

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<tr>
<th>Date</th>
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| Saturday, April 6   | 9:30 AM - 1:30 PM | Groveland Baptist Church  
5437 5th Ave S  
Birmingham, AL 35212 |
| Friday, April 12    | 10 AM - 2 PM  | True Love Baptist Church  
1001 35th Street Ensley  
Birmingham, AL 35203 |
| Monday, April 15    | 9 AM - 12 PM  | Spring Gardens  
201 Spring Gardens Dr  
Birmingham, AL 35217 |
| Wednesday, April 24 | 1 PM - 5 PM   | Edmundite Missions Bullock Community and Rec Center  
1428 Broad Street  
Selma, AL 36701 |
| Thursday, April 25  | 9 AM - 1 PM   | Rangedale Apartments  
1 Twilley Street  
Selma, Alabama 36701 |