

Heartsong @ 1917 This Week – “Let’s Hear You Roar”
Wednesday, January 13, 2016, 10:45 a.m. – 12:00 noon
UAB 1917 Clinic, 1st Floor Library, Room 151
Facilitator: Joe Elmore and Chris Hamlin

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.

UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>

Video

<https://www.youtube.com/watch?v=oXhNIS4nKL8>
Britain’s Got Talent 2015 – Revelation Avenue (Audition)

Words on the Theme:



“To change one’s life: Start immediately. Do it flamboyantly. No exceptions.”
William James

“The purpose of life is a life of purpose.”
Robert Byrne

“Life isn’t a matter of milestones, but of moments.”
Rose Kennedy

“The grand essentials of life are something to do, something to love, something to hope for.”
Thomas Chalmers

“The whole universe is change and life itself is but what you deem it.”
Marcus Aurelius

“Life is like riding a bicycle. To keep your balance you must keep moving.”
Albert Einstein

“Life is something like a trumpet. If you don't put anything in you don't get anything out.”
W. C. Handy

“Govern thy life and thoughts as if the whole world were to see the one, and read the other.”
Thomas Fuller

“Life is what happens to you while you're busy making other plans.”
John Lennon

“Most of the shadows of this life are caused by our standing in our own sunshine.”
Ralph Waldo Emerson

“As one goes through life, one learns that if you don't paddle your own canoe, you don't move.”
Katherine Hepburn

Reference

<http://www.inspirational-quotes.info/life-quotes.html>



NEXT
Heartsong@1917
Wednesday, January 20, 2016
10:45a.m., 1st Floor Library, Room 151
Chris Hamlin, Facilitating



SAVE THE DATE
23rd Annual Alabama Heartsong Retreat
“Inspire, Love, Serve”

May 4 – 6, 2016