

## Heartsong @ 1917 This Week – “Treating Others As You Want to be Treated”

Wednesday, January 27, 2016, 10:45 a.m. – 12:00 noon

UAB 1917 Clinic, 1st Floor Library, Room 151

Facilitator: Joe Elmore and Chris Hamlin

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.

UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>

### Video

<https://www.youtube.com/watch?v=VCOyhgKRrv4>

“Disabled Basketball Player is Given Help by Opposing Player to Score a Shot”

CBS - On the Road with Steve Hartman in El Paso, Texas

### Words on the Theme:

“The golden rule for every business (person) is this: ‘Put yourself in your customer’s place.’

Orison Swett Marden

“Faith is part of who I am, yes. I was raised Christian Scientist. The most important thing I saw every single week on the wall at Sunday school was the Golden Rule.”

Ellen DeGeneres

“Let everyone regulate (their) conduct... by the golden rule of doing to others as in similar circumstances we would have them do to us, and the path of duty will be clear before (them).”

William Wilberforce

“My philosophy is to do the best you can for somebody. Help. It’s not just what do you (do) for yourself. It’s how you treat people decently. The golden rule. There isn’t anything better than the golden rule. It’s in every major religion in one language or another.”

Art Linkletter

“Maybe we ought to consider a Golden Rule in foreign policy: Don’t do to other nations what we don’t want happening to us. We endlessly bomb these countries and then we wonder why they get upset with us?”

Ron Paul

“My parents really did believe in the Golden Rule. They really did believe that all people should be treated equally. They had friends of every culture, we celebrated different holidays, but really, secretly behind it, they had no problem telling me who I couldn’t marry.”

Diane Farr

**Religious Statements:**

**Buddhism:** 560 BC, From the Udanavarga 5:18- "Hurt not others with that which pains yourself."

**Judaism:** 1300 BC, from the Old Testament, Leviticus 19:18- "Thou shalt Love thy neighbor as thyself."

**Hinduism:** 3200 BC, From the Hitopadesa- "One should always treat others as they themselves wish to be treated."

**Zoroastrianism:** 600 BC, From the Shast-na-shayast 13:29- "Whatever is disagreeable to yourself, do not do unto others."

**Confucianism:** 557 BC, From the Analects 15:23- "What you do not want done to yourself, do not do to others."

**Christianity:** 30 AD, From the King James Version , 7:12- "Whatsoever ye would that others should do to you, do ye even so to them."

**Reference:**

[http://www.brainyquote.com/quotes/keywords/golden\\_rule.html](http://www.brainyquote.com/quotes/keywords/golden_rule.html)



**NEXT**  
**Heartsong@1917**  
**Wednesday, February 03, 2016**  
**10:45a.m., 1st Floor Library, Room 151**  
**Chris Hamlin, Facilitating**