

Heartsong @ 1917 This Week – “Seeing Beauty”  
Wednesday, October 7, 2015, 10:45 a.m. – 12:00 noon  
UAB 1917 Clinic, 1st Floor Library, Room 151  
Facilitator: Joe Elmore and Chris Hamlin

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.

UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>

**Featured Videos:**

1. <https://www.youtube.com/watch?v=jz-tjJhFH1k>  
“Indian Blue Peacock in All its Glory”
2. <https://www.youtube.com/watch?v=qafXdmFsTbE>  
“The Ugly Duckling” – Story by - Hans Christian Andersen (1805 -- 1875)  
Walt Disney, Productions

**Words on the Theme:**

“Life is full of beauty. Notice it. Notice the bumble bee, the small child, and the smiling faces. Smell the rain, and feel the wind. Live your life to the fullest potential, and fight for your dreams.”

Ashley Smith

“We live in a wonderful world that is full of beauty, charm and adventure. There is no end to the adventures that we can have if only we seek them with our eyes open.”

Jawaharlal Nehru

“The more often we see the things around us - even the beautiful and wonderful things - the more they become invisible to us. That is why we often take for granted the beauty of this world: the flowers, the trees, the birds, the clouds - even those we love. Because we see things so often, we see them less and less.”

Joseph B. Wirthlin

“Beauty in things exists in the mind which contemplates them.”

David Hume

“Beauty is indeed a good gift of God; but that the good may not think it a great good, God dispenses it even to the wicked.”

Saint Augustine

“Beauty is whatever gives joy.”

Edna St. Vincent Millay

“Beauty of whatever kind, in its supreme development, invariably excites the sensitive soul to tears.”

Edgar Allan Poe

“There is no definition of beauty, but when you can see someone's spirit coming through, something unexplainable, that's beautiful to me.”

Liv Tyler

**References:**

[http://www.brainyquote.com/quotes/topics/topic\\_beauty.html](http://www.brainyquote.com/quotes/topics/topic_beauty.html)



**NEXT**

**Heartsong@1917**

**Wednesday, October 14, 2015**

**10:45a.m., 1st Floor Library, Room 151**

**Chris Hamlin, Facilitating**

**SAVE THE DATE**

**23<sup>rd</sup> Annual Alabama Heartsong Retreat**

**“Inspire, Love, Serve”**

**May 4 – 6, 2016**