

**Heartsong @ 1917 This Week – “Learning Lessons in Unusual Places”**  
**Wednesday, December 16, 2015, 10:45 a.m. – 12:00 noon**  
**UAB 1917 Clinic, 1st Floor Library, Room 151**  
**Facilitator: Joe Elmore and Chris Hamlin**

**Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.**

**UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>**

**Featured Videos:**

**Video #1**

<https://www.youtube.com/watch?v=bcfvjvYyU>

“*Radio* is a 2003 film directed by Mike Tollin that is based on the true story of T. L. Hanna High School football coach Harold Jones and a mentally challenged young man James Robert “Radio” Kennedy. *Radio*, 2003, Movie Trailer.”

**Video #2**

<https://www.youtube.com/watch?v=EMDmnb9omi0>

Music: “Learn to Breathe Again” – by LaToya London

**Words on the Theme:**

“The truth is, we are not the ones whose been teaching Radio. Radio’s the one who’s been teaching us.”  
– Coach Jones (*Radio*)

“Don’t run away from your mistakes. Fix them, learn from them and understand what you need to do so that you never repeat them. This is the only formula of success.”  
Unknown

“The beautiful thing about learning is that no one can take it away from you.”  
BB King

“I have learned through bitter experience the one supreme lesson to conserve my anger, and as heat conserved is transmitted into energy, even so our anger controlled can be transmitted into a power that can move the world.”  
Mahatma Gandhi

“I am not someone who is ashamed of my past. I’m actually really proud. I know I made a lot of mistakes, but they, in turn, were my life lessons.”  
Drew Barrymore

“Life is a succession of lessons which must be lived to be understood.”  
Helen Keller

“When you get older, you learn certain life lessons. You apply that wisdom, and suddenly you say, ‘Hey, I’ve got a new lease on this thing. So let’s go.’”  
Robert Redford

**References:**

[http://www.searchquotes.com/Life\\_Lesson/quotes/about/Learning/](http://www.searchquotes.com/Life_Lesson/quotes/about/Learning/)  
[http://www.brainyquote.com/quotes/keywords/life\\_lessons.html](http://www.brainyquote.com/quotes/keywords/life_lessons.html)



**NEXT**  
**Heartsong@1917**  
**Wednesday, December 23, 2015**  
**10:45a.m., 1st Floor Library, Room 151**  
**Chris Hamlin, Facilitating**



**SAVE THE DATE**  
**23<sup>rd</sup> Annual Alabama Heartsong Retreat**  
**“Inspire, Love, Serve”**  
**May 4 – 6, 2016**