

Heartsong @ 1917 This Week – “Observing the Surroundings”

Wednesday, April 06, 2016, 10:45 a.m. – 12:00 noon

UAB 1917 Clinic, 1st Floor Library, Room 151

Facilitator: Joe Elmore and Chris Hamlin

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.

UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>

Video

https://www.youtube.com/watch?v=xYYT48lv_c

“Spring”

Words on the Theme:

“If words were leaves, would you prefer fall or spring?”

Jarod Kintz,

“We would load up the yellow Cutlass Supreme station wagon and pick blackberries during blackberry season or spring onions during spring onion season. For us, food was part of the fabric of our day.

Mario Batali

“It's spring fever. That is what the name of it is. And when you've got it, you want—oh, you don't quite know what it is you do want, but it just fairly makes your heart ache, you want it so!”

Mark Twain

“Come with me into the woods where spring is advancing, as it does, no matter what, not being singular or particular, but one of the forever gifts, and certainly visible.”

Mary Oliver, *Dog Songs*

“April hath put a spirit of youth in everything. (Sonnet XCVIII)”

William Shakespeare

“The world is exploding in emerald, sage, and lusty chartreuse - neon green with so much yellow in it. It is an explosive green that, if one could watch it moment by moment throughout the day, would grow in every dimension.”

Amy Seidl, *Early Spring*

“I can still bring into my body the joy I felt at seeing the first trillium of spring, which seemed to be telling me, “Never give up hope, spring will come.”

Jessica Stern, *Denial*

"I love the smell of rain and growing things."

Serina Hernandez

References

http://www.searchquotes.com/search/Spring_Season/

<http://www.goodreads.com/quotes/tag/spring>



NEXT
Heartsong@1917
Wednesday, April 13, 2016
10:45a.m., 1st Floor Library, Room 151
Chris Hamlin, Facilitating



23rd Annual Alabama Heartsong Retreat
May 4-6, 2016
Camp McDowell

Applications are now available!
Extended Deadline – April 15