

Heartsong @ 1917 This Week – “Celebrate Champions”

Wednesday, June 08, 2016, 10:45 a.m. – 12:00 noon

UAB 1917 Clinic, 1st Floor Library, Room 151

Facilitator: Joe Elmore and Chris Hamlin

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.

UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>

Videos:

- Video 1. <https://www.youtube.com/watch?v=uCiPhKdZ1DI>
“Billy Crystal’s ‘15 Rounds’ of Muhammad Ali” - 1979
- Video 2. https://www.youtube.com/watch?v=DUM8SQ_rSGk
Muhammad Ali on “Candid Camera” - 1974

Words on the Theme - Quotes by Muhammad Ali

“I know where I’m going and I know the truth, and I don’t have to be what you want me to be. I’m free to be what I want.”

“I hated every minute of training, but I said, ‘Don’t quit. Suffer now and live the rest of your life as a champion.’”

“He who is not courageous enough to take risks will accomplish nothing in life.”

“The word ‘Islam’ means ‘peace.’ The word ‘Muslim’ means ‘one who surrenders to God.’ But the press makes us seem like haters.”

“Wars of nations are fought to change maps. But wars of poverty are fought to map change.”

“I’m so fast that last night I turned off the light switch in my hotel room and was in bed before the room was dark.”

“I am an ordinary man who worked hard to develop the talent I was given. I believed in myself, and I believe in the goodness of others.”

“I figured that if I said it enough, I would convince the world that I really was the greatest.”

“I never thought of losing, but now that it’s happened, the only thing is to do it right. That’s my obligation to all the people who believe in me. We all have to take defeats in life.”

“Hating people because of their color is wrong. And it doesn't matter which color does the hating. It's just plain wrong.”

“Rivers, ponds, lakes and streams - they all have different names, but they all contain water. Just as religions do - they all contain truths.”

Reference:

<http://www.brainyquote.com/quotes/quotes/m/muhammadal643399.html>



NEXT WEEK
Heartsong@1917
Wednesday, June 15, 2016
Chris Hamlin, Facilitating