

Heartsong @ 1917 This Week – “Shifting Our Perspectives”

Wednesday, July 13, 2016, 10:45 a.m. – 12:00 noon

UAB 1917 Clinic, 1st Floor Library, Room 151

Facilitator: Joe Elmore and Christopher M. Hamlin

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.

UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>

Video:

<https://www.youtube.com/watch?v=m5TwT69i1IU>

Louis Armstrong’s “What A Wonderful World”

Words for Today

Develop an attitude of gratitude, and give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than your current situation.

Brian Tracy

The most ethical way to deal with an unethical situation would be to simply say: 'We did something wrong.' But nobody in a family like mine would ever respond like this.

Patti Davis

My attitude to peace is rather based on the Burmese definition of peace - it really means removing all the negative factors that destroy peace in this world. So peace does not mean just putting an end to violence or to war, but to all other factors that threaten peace, such as discrimination, such as inequality, poverty.

Aung San Suu Kyi

There is little difference in people, but that little difference makes a big difference. The little difference is attitude. The big difference is whether it is positive or negative.

W. Clement Stone

I don't harp on the negative because if you do, then there's no progression. There's no forward movement. You got to always look on the bright side of things, and we are in control. Like, you have control over the choices you make.

Taraji P. Henson

Yes, I do believe that there is a cause and effect and a ripple effect upon everything everybody does, and they have positive consequences and negative consequences. If you start to focus on the kind of minutia of that, it's really quite extraordinary.

Kiefer Sutherland

I've always believed that you can think positive just as well as you can think negative.
James A. Baldwin

Reference:

http://www.brainyquote.com/quotes/keywords/situation_2.html

<http://www.brainyquote.com/quotes/keywords/negative.html>



NEXT WEEK
Heartsong@1917
Wednesday, July 20, 2016
Chris Hamlin, Facilitating