

Heartsong @ 1917 This Week – “Keep Trying...Don't Give Up!”
Wednesday, September 02, 2015, 10:45 a.m. – 12:00 noon
UAB 1917 Clinic, 1st Floor Library, Room 151
Facilitator: Chris Hamlin and Joe Elmore

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.

UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>

Featured Video:

<https://www.youtube.com/watch?v=EUm-vAOmV1o>

Words on the Theme:

“Don't be discouraged. It's often the last key in the bunch that opens the lock.”
~ Unknown

“It's not that I'm so smart, it's just that I stay with problems longer.”
~ Albert Einstein

“Never give up on what you really want to do. The person with big dreams is more powerful than one with all the facts.”
~ Unknown

“It does not matter how slowly you go so long as you do not stop.”
~ Confucius

“Life is a series of baby steps along the way and if you add up these tiny little steps you take toward your goal, whatever it is, whether it's giving up something, a terrible addiction or trying to work your way through an illness. When you total up those baby steps you'd be amazed over the course of 10 years, the strides you've taken.”
~ Hoda Kotb

“Many of life's failures are people who did not realize how close they were to success when they gave up.”
~ Thomas Edison

“Successful men and women keep moving. They make mistakes, but they don't quit.”
~ Conrad Hilton

“Don't give up. There are too many nay-sayers out there who will try to discourage you. Don't listen to them. The only one who can make you give up is yourself.”
~ Satchel Paige



References:

<http://www.inspirationalspark.com/not-giving-up-quotes.html>
http://www.brainyquote.com/quotes/keywords/giving_up.html
<http://academictips.org/blogs/quotes-about-not-giving-up/>



NEXT
Heartsong@1917
Wednesday, September 09, 2015
10:45a.m., 1st Floor Library, Room 151
Chris Hamlin, Facilitating

SAVE THE DATE
23rd Annual Alabama Heartsong Retreat
“Inspire, Love, Serve”
May 4 – 6, 2016