

Heartsong @ 1917 This Week – “Acknowledging and Appreciating Who We Are and Who We Are Becoming”

Wednesday, September 23, 2015, 10:45 a.m. – 12:00 noon

UAB 1917 Clinic, 1st Floor Library, Room 151

Facilitator: Chris Hamlin and Joe Elmore

Heartsong @ 1917 is a weekly, open discussion about spirituality and finding meaning and purpose in life. Everyone is welcome to attend who is interested in connecting to the spiritual side of life. 1917 Staff are welcome. If you do not want to receive this weekly email, just reply with “unsubscribe” in the subject line.

UAB 1917 CLINIC WEBSITE: <http://www.uab.edu/1917clinic/>

Featured Videos:

Video 1 - <https://www.youtube.com/watch?v=qSYTx32XDm4>

“Biracial Miss Universe Japan brings racial issues to spotlight”
CBS This Morning

Video 2 - <https://www.youtube.com/watch?v=pbWeH9cztHw>

“Controversial CHEERIOS commercial”

Words on the Theme:

“We need to give each other the space to grow, to be ourselves, to experience our diversity. We need to give each other space so that we may both give and receive such beautiful things as ideas, openness, dignity, joy, healing, and inclusion.”

Max DePree

“We all should know that diversity makes for a rich tapestry, and we must understand that all the threads of the tapestry are equal in value no matter what their color.”

Maya Angelou

“If we cannot now end our differences, at least we can help make the world safe for diversity.”

John F. Kennedy

“To embrace complexity is to treasure diversity. To eliminate uncertainties is to limit possibilities. Be ready to walk out of your comfort zone for sustainability.”

Kelvin Chau

“It is time for parents to teach young people early on that in diversity there is beauty and there is strength. Let parents bequeath to their children not riches, but the spirit of reverence. Parents wonder why the streams are bitter, when they themselves have poisoned the fountain.”

Soniya Ahmed

“I love the diversity of America. I love the plain, normal sense of humor Americans have. It is not wicked, like in some countries. And I also love how new America is.”

Antonio Banderas

“Diversity may be the hardest thing for a society to live with, and perhaps the most dangerous thing for a society to be without.”

William Sloane Coffin, Jr.



Anne Frank

“Rise above sectional interests and private ambitions... Pass from matter to spirit. Matter is diversity; spirit is light, life and unity.”

Muhammad Iqbal

References:

http://www.searchquotes.com/search/Diversity_Inclusion/



NEXT

Heartsong@1917

Wednesday, September 30, 2015

10:45a.m., 1st Floor Library, Room 151

Chris Hamlin, Facilitating

SAVE THE DATE

23rd Annual Alabama Heartsong Retreat

“Inspire, Love, Serve”

May 4 – 6, 2016