**PRESIDENT'S MESSAGE**

*By Kathy Rostand*

Welcome to another year of New Horizons at UAB! I hope you had a good summer and are looking forward to the coming year when we again will have the opportunity to hear lectures on a dizzying array of topics presented by experts in their fields. Equally important is our chance to socialize with morning coffee and cakes, lunches around town, and trips out of town. And for those of you who enjoy a good round table discussion of current topics be sure join other members at Friday Forum.

We are fortunate to be able to meet on the UAB campus and to be sponsored by the Comprehensive Center for Healthy Aging. There has been some concern that our building is scheduled for demolition, but I noticed that workmen pressure washed the exterior brick of the building this summer, so I’m hopeful that it will remain standing for the coming year.

Our membership has grown to about 150 and on any given day there will be 70-80 in attendance. Some of us attend every day, some not as often, but there’s always something to look forward to and our diversity makes our time together really interesting. So I look forward to meeting new members and welcoming back "old" ones. Don’t forget we register on Monday, September 9.

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**CLASS TERM DATES FOR 2013-2014:**

- **Fall:** September 9 - October 3
- **Winter:** January 7 – February 27
- **Spring:** March 25 – May 15

**MAILING ADDRESS:**

New Horizons at UAB
Comprehensive Center for Healthy Aging
CH - 19, 201, Birmingham, AL 35294-2041

**CLASSROOM LOCATION ON UAB CAMPUS:**

Marshall Center, 802 11th Street
Park in Lot #15

**MEMBERSHIP FEES**

- $200 — Full year membership, payable only in the Fall.
- $350 — Full membership for couples, payment in the Fall.
- $75 — Full membership for one term.
- $150 — Couples membership for one term.

**BOOK SWAP**

If you have too many books and want a new home for them, bring them to New Horizons for swapping. Pick up a copy of someone else’s treasured books off the piano during intermission. Unclaimed books will be passed on to other programs, such as bookmobiles.
REPORT ON CHARITABLE ACTIVITIES
By Virginia Jackson

New Horizons members have been very generous in sharing. In addition to the sharing of books and magazines, which the members first share with one another on the piano book shelves until the end of the term, the book shelves are then emptied and the items are shared with the Lovelady Center, which is a refuge for women and their children. Because there are children at the Center, many members contribute children's books and toys, which their grandchildren have outgrown. Many charities flood us with calendars and greeting cards. The women welcome these because they often come to the Center with only the clothes on their backs. New Horizon also shares donations with The Jimmie Hale Mission.

Another cause supported by the members is close to the heart of one of our very active former members, Herb Husid. He was very involved with the Crisis Center and Piper Place. One of Piper Place's activities is the daily program, which is run by the Alabama Mental Association, for the mentally challenged. There are two programs in Jefferson County: the McCoy Church near Birmingham-Southern College and a site in Bessemer. For years we have contributed material -- pictures from used greeting cards and old calendars -- for their arts and crafts program. We recently received a thank you letter from the program’s activities director.

SPRING TRIP TO ASHVILLE, NC
By Jo Ellen O’Hara

Asheville, N.C., is a wondrous destination for many travelers today! A group of New Horizons members made the trip in early March, which included a surprise that blended with the magnificent scenery, stellar architecture and a variety of experiences that make this mountain area one of the most popular places in the country. The surprise was a pre-spring snow, not a storm, but enough of a dusting to have visitors carefully watching their steps. The highlight was a visit to Biltmore House, the largest privately-owned home in the United States.

Our first stop on the more than 200-mile journey was for lunch at Dillard House in Dillard, GA. The picturesque property, which includes a restaurant, antique shop, stables, cottages and other accommodations, has been operated by members of the Dillard family since 1917, and remains family owned today. Food is served family style. Large platters of meat and vegetables were passed around. A dessert buffet featured a selection of homemade pies, including buttermilk pie, and several cakes and a variety of fresh fruit.

After a brief tour of the Dillard property, it was off to Asheville by way of many small towns that dot the mountains and have become popular places for summer homes and vacation destinations. Arriving in Asheville, visitors were greeted by a beautiful city and a generous offering of snow. The evening was "on your own," so some travelers opted to stay in, while others went to nearby restaurants in shuttles provided by Hampton Inn, where we spent two nights.

The following morning began with breakfast, then departure for Biltmore House, set on part of the 8,000-acre estate. It is the largest privately-owned home in the United States and was completed in the late 19th century by George Washington Vanderbilt II, youngest son of tycoon Cornelius Vanderbilt. Today it is operated by the Cecil family, heirs of George Vanderbilt. After touring the home, there was an opportunity to
visit a variety of small shops adjacent to the house. Chocolates, antiques, collectibles and other memorabilia could be found there.

Lunch was available at The Stable, a pretty, informal restaurant, which was the cold-weather substitute for lunch at the Woolworth shopping area. A hearty potato soup was a popular lunch choice that day.

Visiting downtown Asheville by bus with a guide, we saw a building designed by architect I.M. Pei, and a number of historic buildings, such as a multi-story building with no stairs and no elevators. There also is a thriving art area in downtown Asheville as well. Other stops on the afternoon tour were:

The Basilica of St. Lawrence (Roman Catholic). The basilica was completed in 1909, and the architect was Rafael Guastavino, originally from Spain, who was credited with the revival of an ancient tile and mortar building system. The Cathedral of All Souls, built in the late 19th century, is now the Cathedral of the Episcopal Diocese of Western North Carolina. George Vanderbilt was a member here, and his only daughter, Cornelia, was married at the cathedral. Though it was built more than 100 years ago, it has a contemporary look. The style is from the Norman period of transition from Romanesque to Gothic.

The Smith-McDowell House Museum was Asheville's first mansion, and is now a museum. It was built in the 1840s and is Asheville's oldest surviving dwelling. Many of the rooms are decorated in styles of various periods since the 1840s.

After a wine reception at the Hampton Inn, dinner was at Rezaz, a popular, upscale restaurant in the Biltmore area. There were several selections for appetizers and entrees. Desserts include pots de creme and an apple tart. After breakfast Thursday, it was off to the Folk Art Center on the Blue Ridge Parkway, a contemporary building that holds many works of artisans from the area. A gallery also showcases some of the special collections of the center.

A drive back to Georgia featured a stop at a down-home, but delicious spot, called Stew-N-Que, in Baldwin. No frills, but a variety of selections for lunch, from hot dogs to a hot buffet that included meat and vegetables. Desserts were included, with a favorite for some being a red velvet cake.

The final stop before heading home to Birmingham was Jaemor Farms outside Gainesville, in Alto, Ga. This market, which resembles a huge farmers' cooperative, sells fresh fruit and vegetables in season, canned jams and jellies, raw honey and home-baked breads sweetened with fruits such as blueberries, apples and peaches. Ice cream cones and other treats are available for shoppers as well.

Clara Brennan and Mary King Dunkin of Connection Tours accompanied the travelers on the three-day trip.

**FRIDAY FORUM**

This group meets in the Marshall Conference Center each Friday, year 'round (with the exception of major religious holidays). Forum discussions are about local, national and international matters of interest. Each member sees things differently, making for lively discussions. Moderators serve on a rotating basis. All members of New Horizons are invited to attend and participate.

**GUEST POLICY**

We welcome guests to our lectures to introduce them to our organization. Members may invite as many guests during the year as they wish, but each guest may attend only one session during the year. This policy allows us to extend the courtesy to more prospective members and individual guests. This rule applies to the Friday Forum as well. To attend the Friday Forum, one must be a registered member of New Horizons.

**CURRICULUM COMMITTEE**

The success of New Horizons depends on the support and participation of the membership in the Curriculum Committee deliberations. All active members are encouraged to attend the meetings. If you run across any speakers of topics of interest, let us know.


MAY-DAY TRIP TO ATLANTA

By Jo Ellen O'Hara

Atlanta is one of the most vibrant U.S. cities of this century. It was, however, a place and an event of centuries past that drew a group of New Horizons travelers to the Georgia capital in early May.

The first stop was at the High Museum of Art where an exhibit of the works of Frida Kahlo and Diego Rivera, both artists in the early 20th century, had been drawing crowds since its opening several months earlier.

En route to Atlanta, a video about the lives of the couple provided a look at their turbulent lives and the times in which they lived. Rivera was born in Mexico in the late 1880s and died in 1957, and Kahlo who died in 1954 at 47, were married in 1929, and after intervening separations, they divorced in 1839, only to remarry a year later. Though they spent many years apart, after her death, Rivera said that the day Kahlo died was the most tragic day of his life and that, too late, he realized the most wonderful part of his life was his love for her.

Both Kahlo and Rivera were active Communists who had befriended Leon Trotsky after Trotsky had received political asylum in Mexico from Stalin's regime in the Soviet Union during the late 1930s. Trotsky is said to have had an affair with Kahlo during that time. The paintings of both artists used the bold colors associated Mexico, and many of Kahlo's paintings reflected her deep sadness over being childless.

The exhibition, “Frida and Diego, Passion, Politics, and Paintings,” featured more than 120 works by the artists. The exhibition was co-organized by the Art Gallery of Ontario, Toronto, Atlanta's High Museum of Art, and the Museo Dolores Olmedo, Mexico City, in association with The Vergei Foundation, the Jacques and Natasha Gieman Collection of Mexican Art, and Galeria Arvil.

A late lunch at Maggiano's Little Italy on Peachtree Road in Atlanta featured family-style dining, with first courses including freshly baked bread, stuffed mushrooms, bruschetta and Maggiano's salad. For second courses, there was a selection of chicken and spinach Manicotti, chicken Piccata and eggplant Rollatini. Dessert, followed by coffee, included chocolate Zuccotto cake and fresh fruit. Before leaving, visitors took time to visit (and buy a bit) at the adjoining pastry shop owned by Maggiano's.

A ride across town featured a visit to Grant Park, one of Atlanta’s landmark parks that date back many years. The Cyclorama is a cylindrical panoramic painting of a Civil War battle known as the Battle of Atlanta. Visitors view the massive painting from the inside, entering through an entrance in the floor. After visitors are seated, the central cylinder rotates slowly, affording a view of the entire painting. The painting at one time was the largest oil painting in the world, and if unrolled, would measure 42 feet high and 358 feet long. The painting is on Belgian linen and uses oil paint for the massive work. It is refurbished and carefully touched up when needed. The actual work depicts fighting on July 22, 1864, when Confederate defenders of Atlanta unsuccessfully counterattacked the Union Army.

The museum was built in 1921 to house the painting. Designed by John Francis Downing, it was a popular attraction for many years. After some decades of neglect, the painting and building were restored in the 1980s. The Cyclorama experience is accompanied by music, and narration has been provided by several actors as well as native Atlantans.

After a day filled with art and history, it was time for a return to Birmingham at sunset. Clara Brennan and her staff at Connection Tours accompanied the travelers on the one-day trip.
### Fall Term 2013

**New Horizons at UAB**

ALL SESSIONS MEET FROM 9:30 A.M. UNTIL NOON  
COFFEE, ETC. FROM 9:00 A.M.

<table>
<thead>
<tr>
<th>Day</th>
<th>Title</th>
<th>Presenter/Description</th>
<th>Moderator</th>
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<tbody>
<tr>
<td>Monday</td>
<td><strong>Musings of a Department Chairman</strong></td>
<td>Seth Landefeld, MD, Chair, Department of Medicine, UAB</td>
<td>Kirk Avent</td>
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<td>Sept 9</td>
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<tr>
<td>Tuesday</td>
<td><strong>Wild and Wonderful Stories of Alabamians</strong></td>
<td>Kelly Kerzec, Journalist, Alabama Media Group</td>
<td>Polly Kratt</td>
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<td>Wednesday</td>
<td><strong>Inside the Internet</strong></td>
<td>Anthony Bernard, PhD, Professor Emeritus, Computer Science, UAB</td>
<td>Jim Hawk</td>
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<td>Thursday</td>
<td><strong>Governmental Structure of the Birmingham Region</strong></td>
<td>David Sher, Publisher, comebacktown.com</td>
<td>Lee Godchaux</td>
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<td>Sept 12</td>
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<tr>
<td>Tuesday</td>
<td><strong>Alabama Power’s Renewable Energy Program</strong></td>
<td>Elizabeth Philpot, Renewable Resources Manager for Alabama Power</td>
<td>Arthur Press</td>
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<td>Wednesday</td>
<td><strong>Current Problems That Impact Our Economy</strong></td>
<td>Ray Watts, MD, President, UAB</td>
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<td>Thursday</td>
<td><strong>Healthy Aging in Alabama: Realities of Today and Hope for Tomorrow</strong></td>
<td>Richard Allman, MD, Director, UAB Comprehensive Center for Healthy Aging</td>
<td>Kirk Avent</td>
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<td>Tuesday</td>
<td><strong>African Mission: Surgical Training Under the Sahara</strong></td>
<td>John Glysteen, MD, Retired Surgeon and Optimistic Investor</td>
<td>Joanna Liverant</td>
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<td>Sept 24</td>
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<td>Wednesday</td>
<td><strong>The Birth of Realism in Theater</strong></td>
<td>Stephen Craft, PhD, Dean of the Business School, Univ. of Montevallo</td>
<td>Dottie Gauthier</td>
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<td>Thursday</td>
<td><strong>Bankruptcy of Governmental Entities and the Special Case of Jefferson County</strong></td>
<td>Charlie Waldrep, JD, a Specialist in Representing Public Agencies in Civil Litigation</td>
<td>Polly Kratt</td>
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<td>Sept 26</td>
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The *Friday Forum* meets every Friday morning, year-round, offering stimulating and provocative discussions of current affairs.
### FALL TERM 2013
### New Horizons at UAB

**ALL SESSIONS MEET FROM 9:30 A.M. UNTIL NOON  
COFFEE, ETC. FROM 9:00 A.M.**

**Tuesday  
Oct 8**  
**Women of the US Senate**  
Jill Stokley, Adjunct Prof., Shelton State Community College, Tuscaloosa  
Moderator: Ann Smith

**Wednesday  
Oct 9**  
**Yoga for All Ages**  
Norma-Jill Jacobson, Yoga Teacher  
Moderator: Sandra Vinik

**Thursday  
Oct 10**  
**“Leonardo”: At the Intersection of Art and Science**  
Christopher Lowther, MFA, Dept of Art and Bharat Soni, PhD, Dept of Engineering, UAB  
Moderator: Kathy Rostand

**Tuesday  
Oct 15**  
**We are Not Amused: Myths and Images of Victorian England.**  
Kathryne McDorman, PhD, Retired Professor of History, TCU  
Moderator: Jack Ferguson

**Wednesday  
Oct 16**  
**NASA’s Chandra X-ray Telescope**  
Martin Weisskopf, PhD, NASA  
Moderator: Keith Tenney

**Thursday  
Oct 17**  
**Birmingham Museum of Art: The Inside Story**  
Terry Beckham, Exhibit Designer, Birmingham Museum of Art  
Moderator: Terry Adams

**Tuesday  
Oct 22**  
**The Future of Progress in Alabama**  
Steven Black, JD, Director, Center for Ethics & Social Responsibility, Univ. of Alabama  
Moderator: Rod Davis or Lee Godchaux

**Wednesday  
Oct 23**  
**Famous Conductors**  
Sue Samuels, Assistant Professor of Music and Director of Bands, UAB  
Moderator: Terry Adams

**Thursday  
Oct 24**  
**CSI, Birmingham**  
Angelo DellaManna, MSFS, Alabama Dept. of Forensic Sciences  
Moderator: Kathy Rostand

**Tuesday  
Oct 29**  
**US Diplomacy: The Influence of the Economy, the Military, and Espionage**  
Andrew Daniel, MD

**Wednesday  
Oct 30**  
**Four Vampires, Two Ghosts, and Piano**  
Ward Haarbauer, PhD, Emeritus Professor of Theatre and Associate Dean of Arts & Humanities, UAB  
Moderator: Mary Pate

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The “Friday Forum” meets every Friday morning, year-round, offering stimulating and provocative discussions of current affairs.

**first half of term on reverse side**
NEW HORIZONS OFFICERS AND COMMITTEE MEMBERS  
2013-2014

Officers:
President .................. Kathy Rostand
Vice President .......... Lee Godchaux
Secretary ................. Polly Kratt
Treasurer ................. Bill Graves
Parliamentarian ....... Esther Brown
Executive Committee ... Kathy Rostand
Andy Daniel
Phil Teague

Council Members
Term Ending 2014
Gina Boyd ................. Carl Sanfelippo
Carol Schulz ............. Dorothy Ziff

Term Ending 2015
Phil Teague .............. Sandra Vinik
Sahra Cox ................. Ellen McLaughlin*

Term Ending 2016
Steve Rostand .......... Karen Blatter
Andy Daniel .............. Jim Pfaffman

Committees
Archivist ................. Virginia Jackson
Audio Visual ............. Bart Morrow,
Chairman,
Jack Ferguson,
Morton Scott

Curriculum .............. Joanna Liverant,
Chairman,
Kirk Avent, Asst. Chairman
Evaluation ............. Polly Kratt,
Jack Ferguson
Friday Forum ............ Harry Asman
Good & Welfare .......... Paula Levy
Hospitality .............. Sue Thomas, Chairman
Don Hamner
Marketing ............. Jo Ellen O’Hara
Member Directory .... Kirk Avent
Name Tags ............... Kathy Rostand
Newsletter ............. Jackie Matte
Purchasing ............. Keith Tenney
Social .................. Mary Pate
Travel .................. Marsha Asman & Sylvia
Goldberg Co-Chairmen
Karen Blatter, Jerry Brown, Sandra Hines,
Beverly Jackson, George Jackson, Joe Levy,
Elaine Lewis, Sandra Vinik

Welcoming ........ Gina Boyd & Dorothy Ziff
*to fill seat vacated by Lee Godchaux. Subject to
approval by Council.

REGISTRATION

New Horizons - UAB

Names: ____________________________________________

Additional Name (For Couple Registration): __________________________

Address: ___________________________________________________________

Telephone Number ___________________________ E-mail ____________________

Registration will be available in the classroom at the beginning
of the term. For further information, call or e-mail Kathy Rostand, President,
krostand@earthlink.net or phone at 266-8813
R egina M cFadden:
Office of the Registrar
1605 Building
1720 2nd Avenue South
Birmingham, AL 35294-4300

RETURN SERVICE REQUESTED