Prevent CMV! Do Not Share

Avoid contact with a baby’s or child’s saliva

Don’t share food, drinks, eating utensils or a toothbrush with a child.

Do not put a child’s pacifier in your mouth.

Studies in day care centers suggest that as many as 75% of toddler-aged children have CMV in their urine or saliva.

So you should also...

Use soap and water, or a disinfectant, to clean toys, changing tables and other surfaces that might have a child’s saliva or urine on them.