



Thursday

August 19, 2021

6:00-7:00 PM CST

## “Brain Fog after COVID, what do we know and not know?”



**Kristine Lokken, Ph.D.**

Associate Professor  
Department of Psychiatry and  
Behavioral Neurobiology

Dr. Kristine Lokken is an Associate Professor and Chief Psychologist in the UAB Department of Psychiatry and Behavioral Neurobiology. She specializes in Neuropsychology and Health Psychology. She received her Ph.D. in Clinical Psychology from the University of North Dakota. She started her career as an Assistant Professor in the Department of Psychology at the University of Alabama, then moved into research and clinical care in the UAB Department of Psychiatry from 2005-2009. She served for the next 10-years as Director of Rehabilitation Neuropsychology at the Birmingham VA Medical Center. Dr. Lokken also co-founded two outcomes-based precision brain health institutes: 1) Brain Health Institute in Birmingham and 2) Brain Health & Research Institute in Seattle, WA. The clinics focus on using tailored, research driven multi-modal protocols for the prevention, stabilization, and restoration of cognitive function. Dr. Lokken is currently a key clinician in the Post-COVID Treatment Program at UAB and a member of the UAB neuroCOVID Working Research Group. Dr. Lokken has a passion for helping people protect and restore brain health. She publishes and lectures extensively on brain health.



**Gitendra Uswatte, Ph.D.**

Professor of Psychology and  
Physical Therapy

Gitendra Uswatte received his doctorate in clinical health psychology from the University of Alabama at Birmingham (UAB) in 2001 and is currently Professor of Psychology and Physical Therapy. His undergraduate degree is from Princeton University. He has developed objective methods for remotely monitoring the effects of physical rehabilitation on how patients actually use their impaired extremities at home. In collaboration with Edward Taub, PhD., he has developed a form of physical rehabilitation, known as expanded Constraint-Induced Movement (CI) therapy, for individuals with paralyzed hands, a method for delivering CI therapy on a tele-rehabilitation basis, and an adaptation of CI therapy for cognitive impairment. Dr. Uswatte’s contributions to rehabilitation were recognized by the Division of Rehabilitation Psychology of the American Psychological Association with the Mitchell Rosenthal Early Career Research Award in 2008, Fellow status in 2011, election to President in 2013, and the Roger Barker Distinguished Research Contribution Award in 2020.

This UAB CNC Neuroscience Café is a **virtual event** in collaboration with the Birmingham area libraries and nearby communities.

Register for Zoom Meeting: <https://uab.zoom.us/meeting/register/tZMLc-mopz0uHtJn4fEtXvrHET8-YATZK6RM>

You will receive a confirmation email with the link to the meeting.