



UAB Caregiving Affected Research Early-career Scientists (CARES) Retention Program

CARES Funding Application

First Name:

Last Name:

Terminal Degree(s) (please separate by comma):

Gender:

Race/Ethnicity:

- American Indian/Alaska Native
- Asian
- Black or African American
- Hispanic or Latino
- Indian
- Middle Eastern
- Unknown or Not Reported
- White

Division:

Department:

School:

Email:

Rank:

- Doctoral Student
- Post-Doc
- Instructor
- Assistant Professor
- Associate Professor (promoted within 1 year or less)
- Associate Professor (promoted greater than 1 year ago)
- Full Professor
- Other _____

Are you conducting original and rigorous clinical research* that has the potential to address a health issue that poses a significant clinical burden?

- Yes
- No

**For this Program, clinical research is defined as the scientific investigation of the etiology, prevention, diagnosis, or treatment of human disease using human subjects, human populations or materials of human origin. Included in the definition are studies that utilize tissues or pathogens only if they can be linked to a patient. Any research conducted as part of the Grant must meet DDCF's definition of clinical research.*

Do you hold an MD, DO, or foreign equivalent degree from an accredited institution?**

- Yes
- No

***Faculty must be a clinician investigator to be eligible to receive funds from this grant.*

Have you had a minimum of 50% effort allocation to research in the last two years?

- Yes
- No

Please list all first and/or senior author original research, peer-reviewed publications (within last five years).

Please list grant funding including funding period, current effort, total award amount, and your role (within last five years).

In 500 words or less, demonstrate a compelling, time-sensitive need for the supplement to regain your research momentum because of increased family caregiving responsibilities caused by COVID-19. Typically, this would be childcare, partner care, and/or eldercare, but prospective supplement recipients may make the case for other reasonable family caregiving responsibilities. Specifically, describe how your caregiving responsibilities have impacted your work or research over the past 24 months.

Do you currently have an intra or extramural career development award or research project grant with annual direct costs sufficient to provide salary support?

- Yes
- No

If yes, please describe your current research and career development trajectory in 500 words or less.

In 500 words or less, please describe how this 'extra hands' award would help enhance your research productivity, and approximately what budget you would need to accomplish this.

Please indicate which research support resources you currently have, and what additional resources you plan to acquire if awarded with CARES funding. Do not include existing resources in the second column, only new resources that will be purchased with funding.

	Resources			How would you spend the CARES Funding?
	HAVE	Will Acquire or Augment with Funding	N/A	\$
Quantitative methodologist (e.g., biostatistician, epidemiologist, research design (BERD))				
Dissemination Implementation Improvement Science (DIISC)				
Qualitative methodologist (e.g., interview guide, coding)				
Regulatory and compliance / IRB				
Survey development / deployment				
Data transformation / management				
Scientific writer / editor				
Graphic designer				
Research assistant				
Post-Doc				
Doctoral student				
Master's student				
Undergraduate student				
Other similar 'extra hands'				

In 500 words or less, please describe your specific research goals from 2021-2023, and how receiving the CARES funding would help you advance these goals.

In 500 words or less, please describe your grant goals from 2021-2023, and how receiving the CARES funding would help you advance these goals.

In 500 words or less, please describe your manuscript goals from 2021-2023, and how receiving the CARES funding would help you advance these goals.

Please attach your current CV

Please attach a proposed budget (rough estimate)

Program Evaluation Baseline Data Collection

We recognize that the information requested in the section below is personal and sensitive; in order to measure program effectiveness, we would like to establish a baseline for both well-being and caregiver responsibilities. The following questions will be used for program evaluation only, and will **not** be shared. Only de-identified aggregate, summary data will be used for reporting purposes.

Well-Being Index

During the past month...	Yes	No
Have you felt burned out from your work?		
Have you worried that your work is hardening you emotionally?		
Have you often been bothered by feeling down, depressed, or hopeless?		
Have you fallen asleep while sitting inactive in a public place?		
Have you felt that all the things you had to do were piling up so high that you could not overcome them?		
Have you been bothered by emotional problems (such as feeling anxious, depressed, or irritable)?		
Has your physical health interfered with your ability to do your daily work at home and/or away from home?		

Perceived Organizational Support

Please rate how much you agree with the following statements:

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The work I do is meaningful to me					
My work schedule leaves me enough time for my personal/family life					
UAB values my contribution to its well-being					
UAB fails to appreciate any extra effort from me					
UAB would ignore any complaint from me.					
UAB really cares about my well-being					
Even if I did the best job possible, UAB would fail to notice					
UAB cares about my general satisfaction at work					
UAB shows very little concern for me					
UAB takes pride in my accomplishments at work					

We are asking you for information about your collective caregiving responsibilities. These could include activities such as childcare, dependent care, eldercare or caring for a family member with an

illness. The following statements often refer to the type of your assistance. Please choose the best description of your present situation.

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly Disagree
My life satisfaction has suffered because of the care					
I often feel physically exhausted					
From time to time I wish I could "run away" from the situation I am in					
Sometimes I don't really feel like "myself" as before					
Since I have been a caregiver my financial situation has decreased					
My health is affected by the care situation					
The care takes a lot of my own strength					
I feel torn between the demands of my environment and the demands of care					
I am worried about my future because of the care I give					
My relationships with other family members, relatives, friends and acquaintances are sufferings as a result of the care					